

Episode 4: Shit We Don't Talk About

Topic: Immigration Stories

Guest: Anh Nguyen

Unknown Speaker 0:03

It's time for shit we don't talk about with Mia Voss

Unknown Speaker 0:07

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Unknown Speaker 0:09

This is the podcast that covers the things we don't talk about, but totally should join me and her guests as they dive into the deep end of issues, events and controversies that too often remain in the dark. How can we change it if we're not even willing to talk about it? And now sit back and strap in.

Unknown Speaker 0:35

Hey, welcome to Episode Four of the shit we don't talk about podcast. My guest is an when Vietnamese immigrant with an awesome Texas accent. And and her family fled to the US after the fall of Saigon in 1975. In addition to discussing her family's journey, we'll be talking about the concept of model minorities, as well as her current passion project entitled children of the dragon which showcases Stories of the immigration experience. Strap in. It's about to get a little feisty and informative. And here I am when I'm your boss, how are you, sis? I'm good. How are you? I am so excited to talk to you today. Listen, if you're listening to this you're going to hear us call each other says a lot. Because we know each other so well but I am really excited to broach this topic which is something I realized when I was listening to your new show, which is children of the dragon which we'll get to. But tell us your story. And then we're going to talk about model minority. Ah, yes, something nice. Shit we don't talk about right yes,

Unknown Speaker 1:44

that is definitely shit. We don't talk about Oh, good. I was wondering how much I could cast. I figured whoever's editing this will bleep me out of

Unknown Speaker 1:51

if not a bit that I mean the word shit is in the title folks. So you know wear headphones when you're going to listen to this one, especially when we get to go and sell

Unknown Speaker 2:01

Yes, it is not safe for small ears or little ears. So my story, I am a an immigrant. I'm a Vietnamese immigrant, my family and I fled, the United States fled for the United States

Unknown Speaker 2:14

about ready to flee the United States of the way things are going. So the

Unknown Speaker 2:17

way things are going, yes. So we fled from Vietnam as refugees in 1975. After the war, after the end of the war, we literally left on April 29, the day before Saigon fell on April 30. And we were very fortunate to have left the way we did. My dad served in the south that means Air Force, which was supported by the United States and he had been here and that in Texas for training and things and so had met people new people, but I will give the the US government this kudos they made every effort to get the military out the Ambassador, the embassy workers, sorry, when I talk about this, I get a little flustered and embassy workers who were supportive of the US to help get them out because they knew that once the communist regime came into power for people like my dad, who were the military would have been put into, quote unquote reeducation camps.

Unknown Speaker 3:23

And they would go after them first, I'm guessing.

Unknown Speaker 3:25

Yes. And all the you know, Politico's and journalists and people who again supported the US and work against the communists would have been placed into prison or reeducation camps, which is, you know, a nicer way of saying prison and possibly worse. And so every effort was made to help us leave the country. And my dad came on to my grandfather's farm on April 29, the morning of April 29, and picked us up picked up his wife, his three young children myself. included. So we were like I was four, my brothers were two and a half and one. And my mother was pregnant with my baby sister. So and you know, at the time she was a 25 year old young woman with a very young family. Just Can you imagine? I mean, when I was 25, I was worried about what's the next party I'm going to go to? No. Well, you know, what, what's the next promotion I can try to get at my job. I wasn't thinking about leaving my homeland with my three young children and one on the way with my husband, and putting every faith into, you know, the efforts and the people of the country that I was going to be going to and so we left on April 30. Once they fled us out of the country, we stayed overnight on an island off the coast of Vietnam. And the next morning in the US military, got us the heck out of Dodge, man. We were on those cargo flights. I don't know if you've ever seen like in the movies where they just literally have benches on the sides and There's nothing and you sit there and you're belted in you got your helmet on. That's what we were in. Yeah, like a on the USS Midway, which is an aircraft carrier. I know.

Unknown Speaker 5:13

This is this is movie. these are these are movie plot types of things that you are going through and get your your favorite little Frenchie had to pop in there and, and agree with your story here if you heard that barking in the background, she loves her her auntie and but yeah, just I mean, she does. But everything I mean, I'm assuming your family also left with nothing.

Unknown Speaker 5:34

Yes, we literally left with nothing. I mean, my mother was able to grab a few photos. And and that's you know, that's one of the things that really has struck me in a conversation that I can have another time too like knowing that you have to flee your country so quickly and so

just abruptly and what is it that you take with you? If you can't take clothing? You can't take all the sentimental things. What is it that you can take with you and my mother grabbed literally a handful of photos. And to me Those are my most prized possession like, I can leave my car that was whatever else. But if I ever lost one of those photos I, I would I would probably just be inquiry for days It sure is. It's just something that will never be able to be replaced that so we made our way through, you know Subic Bay, which is the Philippines and ended up in a refugee camp there, again, set up by the government. And we were there for about a month in preparation to get to the United States and we landed in California, and it was my first time ever seeing a blonde family I remember coming off the plane and I was mesmerised. I had never seen blonde people before. And here you are my beautiful blonde friend. Funny are so mesmerized by this this family. Right. And in California, we were outside of San Diego. We were housed at a refugee camp in Camp Pendleton. You guys are familiar with Camp Pendleton. It is a marine base, right? And they set up literally Tent City 10s upon 10s. And within the tents, they were cots rows of cots and that's, that's where we slept and lived and families were housed together. In such and because it was such a large tent, we were often there with, you know, many other families and, and thankfully, we knew quite a few of them. We were there for about another month or so getting processed. And because my dad had met people in Texas, we were fortunate enough to be sponsored by a couple in Pasadena, which is a suburb of Houston. And they brought us here to live with them for a few months and get us set up and get us back on our feet. So, you know, can you imagine though, to be doing especially during that time when the sentiment for the war was just so Are acrimonious and they have this couple who had older children, their children were adults so they were a little bit older, be willing to open up their home and their lives to a family to a

Unknown Speaker 8:13

young family. A young family yes on the way and the whole the whole nine now Do you remember this vividly obviously the blonde family which I love that's so funny, and our friendship now but do you remember I think I heard on your interview with the children of the dragon You do remember being in your father your aunt's farm and standing understanding this video because the sons like making me look like I have a mustache?

Unknown Speaker 8:39

Do that.

Unknown Speaker 8:41

Man out there women are terrified of that.

Unknown Speaker 8:45

Exactly. And now you're gonna want to go and watch the YouTube video this

Unknown Speaker 8:49

exactly. Now you'll have to go watch the video to see what I'm talking about. I do remember it because and people you were for how could you remember as well. You read studies and and you know what the experts say things that are traumatic, regardless of your age, I think maybe after certain age, you will have the memory but I know it was for, but I

do. I don't remember all of it. But the bits and pieces that I do remember kind of make together the day. And that's part of what I'm doing right now before I share my full story on children of the dragon. Because I have the memory of a four year old of what happened. I want to fill in the gaps with from the adults of what actually happened. So

Unknown Speaker 9:33

sure, the drama piece is so interesting when you brought that up and in your in your interviews to have, you know, again, it's it's not your trauma necessarily, but it's that generational. It's It's from your your family's history, and then again, not being as aware of it, but you know, it's there. And you even mentioned that you have not been back to Vietnam. I have it and sorry if I'm jumping ahead, but I just

Unknown Speaker 9:57

oh

Unknown Speaker 9:58

he said I've had you weave your story into being integrated, obviously. Like it, you get it. You get a Texas accent says, let's just call it like it is right?

Unknown Speaker 10:08

I do and people are so surprised when they hear me speak for the first time. They're like, wait, why? Why do you have a Texas accent? Well, I grew up in Houston. I've been here since I was four. Yeah. Yeah, I look like this. But I sound like this. In fact, there's a not to digress, but there's a Korean comedian, who I've ever seen him. He grew up in Oklahoma. So yes, really heavy. Oklahoma Wang. And that was his thing. He'd come out on his on stage and start his his comedy. I know, I look like this, but I sound like this. It was

Unknown Speaker 10:40

right. Right. Right. It's I mean, that's that is the immigrant story, though, Sis, when you think about it is I mean, if there's anything that I'm really hoping we were talking about before we jumped on here, the current climate of the world, and the immigrant story and how it's considered like, just think about that of What you do this is this is our Look, this is how we look but this is how we sound and that this is this is what the world is what our country's about of, of the immigration immigrant story, but that we're all the same, in a way.

Unknown Speaker 11:13

Yeah, absolutely. Because we're all human beings we all have, you know, the dislikes, similar likes, dislikes, the same kind of challenges. You know, I joke about being mesmerized by the blonde family, because not joke really but boy, because I've not ever come across your experience blondes in the Nam because we're all you know, dark haired all this stuff. But you and I have very similar, I guess, a mindset. I mean, you are blond, blue eyed, whatever, but it doesn't matter. It doesn't matter that you look like that. I look like this. We connect with each other over. What we share over you know, are similar, again, dislikes, likes, whatever it is. We can have really deep discussions about topics and you just connect as Brian Kramer says human human right like you connect with that, that kindred spirit or Kindred soul and that's it doesn't it doesn't matter that

Unknown Speaker 12:12

right I it's so true. And but what I'm loving to that you're bringing to the table again with your passion project we're going to weave this in throughout the interview just because I you just started it I just watched twice. Your first episode with two young women who gone through one was Taiwanese and then there was Tina

Unknown Speaker 12:33

Tinos, Time went from Taiwan. Yes. Right. And

Unknown Speaker 12:36

then Mara, Mara is in Cambodia, Cambodia, and her family escaped the pol pot.

Unknown Speaker 12:46

The Khmer Rouge, I mean, that the end the difference in the story, so this is what I love. So again, they're the same thing they they sound like they're from this country look different, but they're bringing it I really want to open people up to here. The experiences of the different foods what your family grew up with and yeah that I love that you're you're bringing that in because it is so crucial right now in this current climate and then for people to hear your story as well that this is how your your family escaped.

Unknown Speaker 13:16

Yeah, yeah. So um, it really, I'm glad that you asked me on because I love the name of this show because it is shit we don't talk about and especially in the Asian culture too. There is there's a lot of that you know tight lipped Miss. Okay, we have to save face we have to be very stoic. We don't show emotion we don't show this we don't show that it's very you know, it's there's a lot of shit underneath that's not talked about and it just boils over three generations. I don't know if you guys ever saw the movie or read the book Joy Luck Club. Right and and while it just really resonated with me because there was so many underlying story As she dug into her mother's story, and her mom's friends stories that we don't think about, as you know, the children and the grandchildren, whatever of what they went through, and I am the same way. And I feel like in the last probably 10 years, I have finally embraced truly my identity and really want to understand more of what that was like. Because I have this superficial story that I've just shared with you, right because of my memories. But I know there's so much behind that that I don't know and I don't understand yet. And I'm just beginning to dig into it. It's like an iceberg. You just see the tip of the iceberg. But I know there's so much more underneath that.

Unknown Speaker 14:44

I think the thing with assimilation was such a big deal and you mentioned it before with with your family and I was totally thinking of not to be stereotypical but of Joy Luck Club because they had that same thing of these women who were so Americanized and then they went back and told those stories now. When you get here and my friend Faye talks about the same thing her family's from the Philippines, they get here and they just work hard. And that was something that that was such a running theme with all three of you with your you and your two guests. That how hard the families work and they just want to get here and make

that life and they're doing whatever they need to do. But I do love the fact we're going to go back and tell those stories now. So that it's not just this homogenized thing. We want to hear what it was that where they came from. That is the true melting pot. Not just that everybody looks and sounds alike. But what's the what's the culture that you're bringing in? And you even said that, that your guests had their family started having even more candid conversations after they kind of crack that open. We're telling their stories.

Unknown Speaker 15:46

Yeah, that was that made me feel really just humbled actually, that that happened because again, Asian elders keep that very stoic face and there is just There is truly a lot of shit that doesn't get talked about. And I hope to break that and open some minds and hearts and not just people who are, you know, not Asian or non immigrants, but also within our own communities that there is stuff that we need to still kind of dig through and talk about and, and I digest. Yeah, just Historically, the Vietnamese people. We have we were enslaved by the Chinese for 1000 years. We have known more for millennia, right? So can you just imagine the kind of trauma that every generation has gone through where there's some kind of war, there's some kind of conflict that gets passed down, whether you realize it or not. And so that concept of the transgenerational trauma that Amar brought up was very interesting to me. And I thought Wow, it was like such a light bulb moment for me when she brought this up. And she had a really good article that she wrote on the UN site. But I think it's been taken down now only because it was such an older piece of content, I hadn't been able to link back to it. And I shared the link a while back, it was still up a bit when I go back to it now. It's not no longer there, unfortunately. So what I may do is ask her, she'll give me permission to publish it as a note on my Facebook group.

Unknown Speaker 17:27

Oh, and I think she should put it out on medium I again, these are conversations that should we don't touch transgenerational trauma. Absolutely. What and when you when you talk about a millennia, that's amazing. That's an amazing amount of time. So listen, we're gonna transition into some real shit we don't talk about you guys know. A couple different things we'll talk about, but mainly the model minority Sis, speak to me on that. You guys are just barely touched at the end of your day. interview and I went, ooh, what did you know?

Unknown Speaker 18:02

What's this all about? Like, I wish I had more time, right? Because they were both amazing and both so just wickedly smart. And we were just talking about all sorts of things. And as good discussions go, we you know, run over time. I'm like, Oh, my God, I have to cut them off. I just I felt horrible about it. But you're right, we will get I know, you'll get you'll get back to that. And then I saw it in your interview. And then on one of the links you posted about the two young gals that just they're given the finger to the model minority. Yeah, I loved that. They said that I love that. And so um, Asians are often thought of as a model minority because we just kind of don't rock the boat. And and I am the walking epitome of not the model minority. I like rocking the boat and I didn't grow up like that. I grew up very, you know, respectful. like okay, I was the goody two shoes. I did everything myself. parents told me to do because that was expected of me. I was Elvis. And then I went off to college and realized, you know what? I don't have to be like that. But I think that was already brewing

over the years. And then I just felt the freedom to really fully embrace my identity better once I had gone off to college. Because and we mentioned this, about being matriarchs without children, right. I remember as a 12 year old as a 12 year old. Yeah, thinking. I do not want to have children. Wow.

Unknown Speaker 19:35

Yeah, I made it and that's that. I want to focus. Yeah, that's just not the typical age at all. No, and we were thinking that you wanted to focus on

Unknown Speaker 19:45

my career, whatever it may be. Right. And then the Asian community, a woman is expected to do everything her parents have told her. go off to college, get a good job, you know, whatever it may be. Find a good Husband how some children read that model minority and I was like,

Unknown Speaker 20:06

S T. s. And that's our age to because

Unknown Speaker 20:11

doubt, you know, when I'm in my mid 50s You

Unknown Speaker 20:15

didn't tell me 50

Unknown Speaker 20:19

That's right. We're almost hitting that. I mean, we're from that age that that even, you know, just a typical American dream of Yeah, that's that's how we certainly are. My mom was raised in the Midwest. And then that was passed down to me as well. But then we we definitely are, you know, especially that that's a stereotype that that us me as a white person. Also see as that my model minority we get, we're gonna get into it. We're going to talk about that's a shoot we don't talk about that, I know, infuriates you too, is that docile Asian woman. Oh, how much does that make you see red and

Unknown Speaker 20:55

Oh yeah, up your fist.

Unknown Speaker 20:58

That is a hilarious story. Type to me right. But it isn't demeaning and can be a harmful stereotype. Sure. And it's funny because folks talk, you know, I've had friends or other people kind of ask about this, like, you are definitely not that stereotypical Asian, you're not submissive, you're not docile, civil, neither was my mother. really sure where this whole stereotype came from. Now, there are many women that she knows and I've come across who who do who are in that mold. And again, I'm not saying there's anything wrong with that, but yeah, they could be more introverted and things like that, but but that's again to say that Asians just like everybody else, there's different personalities, there's different

mindsets so all of us are submissive or docile, definitely not this girl. And I will say I think a lot of that let's just put that shit on the table. white male fetishizing fetishizing is the word Yes, I

Unknown Speaker 21:54

think I have and and here's what I love that you was mentioned as well as, is that Asian Asians can be seen as a monolith. And then the model minority is a protection and a wedge as well talk about that.

Unknown Speaker 22:08

Yeah. And you will hear me say that often, and it is it has protected us in the sense of being attacked, as many other people of color have been, you know, are my Latino friends, my black friends, they may have experienced a lot more. And I know that I know they did. I'm not saying they or they did experience much more. Gosh, almost violent attacks, acrimonious attacks, whatever you want, you know, whatever that appropriate attitude is for compared to their Asian friends and contemporaries, because we're viewed as this model minority. So we're not as scary

Unknown Speaker 22:53

shade safer. I mean, let's just let's just say it now. You know, I am seeing a lot more and this was You know of course in this current hopefully current on the way out administration depending on when you're listening to this podcast you know even we sit in Long Beach California just south of La

Unknown Speaker 23:15

anyway I'll think

Unknown Speaker 23:16

oh Long Beach Long Beach yes sir thing Long Island was like

Unknown Speaker 23:22

a stick it was a big long beach and this was oh gosh maybe a year to go but this woman walking her dog now thank God for the advent of our little broadcast tower called the cell phone so yeah, she's getting out there a lot more but it also makes you think what wasn't videoed but Asian couple walking their dog and they were just so shocked at they're like, Who's she talking to have because somebody was new go back to their country and they literally were kind of like looking at it. She doesn't us. And so that's you know even more that that is on the rise as well. But But and that's where this the mindset of our country does. tend towards, you know, the Go back to your go back to your country like, this is my

Unknown Speaker 24:04

country. This is my country. Um, you know, I'm glad you brought that up because it brings up another good point. We do have these little mobile evidence first for us now. Yeah,

Unknown Speaker 24:15

broadcast towers,

Unknown Speaker 24:16

broadcast towers. Exactly. But at the same time, I think not to say that there weren't incidences, perhaps they weren't reported. Not so much recorded but reported. Because, again, back to that, that idea and what Asian elders think, is that we don't want to cause any trouble. We're not going to talk about it. We didn't talk about we're not going to report it. So there may have been an under reporting

Unknown Speaker 24:41

point.

Unknown Speaker 24:43

Because there was a story about a grandmother in Long Island This time, I believe. It was important who she was a 90 ish year old grandmother who somebody came up and attacked her and tried to set her on fire. Oh my goodness. And thankfully she realized it and so she you know, went up against a post real fast and kind of put the fire out was on her sleeve on her back and she wasn't harmed, thankfully. But at first she was like, I'm just gonna go back to my house, I'm not going to report it, I'm not gonna talk about it. But those who are in my generation and younger, like, Oh, shit we're gonna stand up against. And so that's how it got recorded and made the news and there was a gentleman who was part of the community organization there who put up a reward to help try to find the perpetrators. Interesting. So that's another facet to think about too. And so back to the, the, the model minority protection so that's some of it but but because we are seen as not as scary or whatever it may be, it has driven Yes, threatening, that's a much better or we're seeing we you know, has it's driven a wedge between Asians and other minorities, other people of color, specifically. Wow,

Unknown Speaker 26:06

why can you? Yeah, let's, let's get into that.

Unknown Speaker 26:09

Yeah. And the Latino community and

Unknown Speaker 26:13

because again, we kind of get sucked into that mindset of, oh, we're better than anybody else because we're right underneath the white person because we we can we could pass for a white person.

Unknown Speaker 26:28

And that's in the way that would you the mass mass lobs hierarchy.

Unknown Speaker 26:31

Oh, well, no, it's not Maslow's hierarchy, but it was just I was just using that as an example. Right. It's in

Unknown Speaker 26:37

that same vein.

Unknown Speaker 26:38

Yeah. So recently, I was a guest on becoming allies, which is another great podcast if you guys have not come across it. My friend Becky Winchell, and her co host Maria ubec. had me on and Maria brought this up in a conversation where we're talking about the model minority. She said that she'd come across this in some research and not not We are not saying that this right this is just research that she's just

Unknown Speaker 27:03

talking about our opinion folks just research to Yeah, exactly.

Unknown Speaker 27:07

So like there's this racial hierarchy and white people are at the very top of that, that that totem pole the food chain, and right underneath it are Asians and then differing you know other minorities and black people are at the very bottom and we're

Unknown Speaker 27:22

not even talking about gender at this point folks, which is why anybody who knows me in my real life I say tongue in cheek but I really mean it top of the food chain white guys. I'm not saying all you white guys are but I'm just saying there is there's that top of the food chain and that's when you even start getting into the dollar amount which which is fact of, you know, us as females, me as a white female I'm still at now because I'm an entrepreneur and I asked for, I asked for my worth. And most you know, most people I know that do but you know, we're still like 85 cents on the dollar. And then then you start looking at I think we I think we just hit The equality date for black females was in September that that's how long they have to work throughout the year, September folks to meet the same dollar amount as white males. That's a whole other show

Unknown Speaker 28:15

that yeah, that's we could man there's so much I know when we're on the ship that we didn't have we're gonna

Unknown Speaker 28:24

we're gonna scratch the surface today but but yes on the on the model minority and then you do look at that hierarchy. It's a it is an interesting headspace.

Unknown Speaker 28:34

It absolutely is. And, you know, unfortunately many in the, in the older generation of Asians and even in the Vietnamese community. And I know that you know, it could be said for Cambodians or Chinese it's just, you know, in our Asian community, black people are feared are looked down upon often by You know, again, these are the older generation, right? They have these, this mindset, this stereotype and I don't know where some of its experiences, but some of it could be it had been fed to them from the top of the food chain. Yeah, um, so it's just is sad to know that many of them have racist views and tendencies, and there is no getting them to change their mind about it.

Unknown Speaker 29:32

Sure.

Unknown Speaker 29:32

And in a recent Texas Monthly article that I read, the author writes about the divisiveness in the Vietnamese community that black lives matter has caused.

Unknown Speaker 29:43

There's just asked me about that.

Unknown Speaker 29:45

And I think it has just come to a head because of BLM but it's been there that divisiveness has been there. And there was a great quote in there. They she the author spoke to one of the women is a board member of the me's cultural community organization. And it's an organization that I've done a few things with myself. It's it's a lot of great programming for the Vietnamese community, but she sounds like she's around my age or my generation. And she says, I love my parents, but I know they're racist.

Unknown Speaker 30:21

And as a white person, and this these are why we need to have these conversations to are the different nuances that needs to come up and now be discussed. We're not demonizing anyone. We're just putting a conversation starter to it.

Unknown Speaker 30:35

Absolutely. I mean, you're right. You're absolutely correct. I'm not trying to demonize anybody. I just want to put it out there. Yeah,

Unknown Speaker 30:41

no, I already Sure.

Unknown Speaker 30:43

These are things that do exist. Shit we don't talk about that exists within the Asian community and within even within the different generations. I find a lot of hope and encouragement for future generations because I like my niece and my nephew. There's like a, okay, you know, my friends or my friends? I don't know. Okay, that's great that this one's Hispanic, and I have this friend who's black or that they don't care. And I really that I find that so encouraging. And so. And I hope that that continues. And then for our generation and for older, I hope that these types of conversations and discussions will help to kind of open some minds and go, Oh, I didn't think about that. You're

Unknown Speaker 31:32

right. And we have so many conversations as as friends. And we've been it's funny, we have a little private Facebook conversation between you and I and our friend Rachel, and we just dive into so much and we've been doing that for a while, but of course this year in the year 2020, when we've hit this racial revolution now worked we're diving into even more diverse and deep conversations and we're seeing people because it's not as black and white sorry

to be so. Oh my gosh, it's so so difficult. Like no no and I thought I was all kinds of plugged in and woke up this year I've had to face so many different things of assumptions because it wasn't my experience as all you know, my outrage has always been there as a feisty woman especially as I hit my 40s in my 50s with less shits given and now next to zero if not less than zero right as I like to say delegates Do I look like I get

Unknown Speaker 32:39

I truly

Unknown Speaker 32:40

I Delia

Unknown Speaker 32:43

I and I truly do it give it's just this the shit that that's just you know now, but I love that the conversations that we're having that are now more nuanced and and this is where we're going to be led to of it not being black or white. And again, I know you You mentioned that that's why you started children of the dragon. And we're gonna close out with that. Tell me how you came up with that name. And then I know you're you're interviewing you, you know, originally it was Daughters of the dragon. Tell me about that. And then we'll, we'll wrap this up.

Unknown Speaker 33:15

Yeah, absolutely. So the idea kind of came to me a few years ago, I was at a conference for women, which you would love. And, and it was on East levelheadedness. And I was like, I promise I'm not just on vacation. I actually am at a conference. It's the conference. That's right. Yes. And these women that were speaking, were amazing. Yeah, I was blown away by the things that they had done the things that they experienced. And I was sitting there thinking, what could be my legacy? What is it that I want to add to the world lean to the world. And so because it was a women's conference, this is how I started thinking about the women who were Vietnamese refugees like my mother because their stories haven't ever really been fully told. I don't feel like because When you read about history and you read about things and you see documentaries, they often speak to the soldiers and the leaders. And guess what they all men? Yeah, that's the first voice. There's still that hierarchy with women within race. And we know exactly what you're not factoring in is, Oh, no, that's just white males. That's not I'm talking about this type of thing. But you're right, like just all the different nuances, as you mentioned, right. And so that's why I started thinking about it and calling the daughters of the dragon and then because of what has happened over the last few years, and in the current climate, I, my idea evolved. And while my focus is still going to be on a lot of enemies, refugees, I want to share all of the immigrant and refugee stories from from all around the globe. And so I changed it to children of the dragon. And there is a creation myth for the Vietnamese people that we were descended from a Dragon King and a fairy queen and That's why I kept the name. And as you know, dragons are seen as fierce and strong creatures and mythology. And those are absolutely traits that immigrants and refugees have to have to survive, even if they don't realize it, and so I kept the name when I think it's very appropriate. I do too. And I,

Unknown Speaker 35:23

I thought I talk a lot in my own personal journey about the difference between surviving and thriving and, and I know that for your family's story, and for many of the stories, it was just like, get over here, get busy, and start just survive that situation and then and then thrive. But I really feel like that part of the definition of Thrive is also going to include retelling the stories and revisiting those stories that really is shit that doesn't get talked about.

Unknown Speaker 35:51

Absolutely. And you know, my large part of why I wanted to share all these stories too, and for my family, it was a little bit of selfish reason I want the kids in the next generation to know where they came from, to never forget where they came from. And my race it and be invited by my cousin's kids are just a mixture of different ethnicities. You know, I've got a niece and nephew who's half Mexican half that means and then it is just we're a melting pot we truly are. And I love that so much. But I also at the same time want them to understand each of their cultural identity. Mm hmm. And to remember it,

Unknown Speaker 36:32

amen. Amen. Thank you for doing what you're doing. I know, this is a passion project. And in addition to all the other cool things you're doing, you can read about that in the bio that we have. So, sister and thank you for joining me today.

Unknown Speaker 36:45

You're welcome. Thank you for having me on and having this conversation. Man. I think that your podcast and the format and the channel is needed because there is a lot of shit.

Unknown Speaker 36:56

There is a ton. I'm going to finish with one more question. We're going to get out of here. What is your favorite expletive or swear word or phrase?

Unknown Speaker 37:05

Oh, fuck me.

Unknown Speaker 37:10

And that is not a directive folks. It might be.

Unknown Speaker 37:14

No, it is not a directive. I do like to use that little four letter F word a lot and Sandy is a Tandy. It's very diverse and just useful for all sorts of things.

Unknown Speaker 37:28

I whisper

Unknown Speaker 37:31

during the day, turning on

Unknown Speaker 37:34

channeling, depending on my audience, I may say whiskey Tango Foxtrot.

Unknown Speaker 37:42
So he's dealing that thank

Unknown Speaker 37:47
you says you guys will see all the information on how to how to follow and and her show.
Take care.

Unknown Speaker 37:53
Thank you. Thanks.

Unknown Speaker 37:56
Hey, thanks for tuning in to Episode Four with our guest and when I really hope you enjoyed that conversation. I feel like we barely scratched the surface of these really important issues that seem important now more than ever. With our current world today. Make sure to follow and and check out her show@facebook.com Ford slash children of the dragon seven, five. If you liked this episode, please do all the things. Like Share, Subscribe, leave me a review, especially if it's a nice one. And if you really like the podcast, you can head on over to Mia boss dot live forward slash patrons and become a full time supporter of the podcast. There. You can also subscribe and get updates on upcoming episodes and all the show notes. Thanks for tuning in. See you next time. Bye

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