

Episode 29 - Question Your Leader:

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Hey, welcome to the latest episode of shit we don't talk about powered by helix interactive. Today's episode is being recorded live live live and features my shit we don't know about co host, Drew Linsalata. He's also the host of the anxious truth podcast and co owner of helix interactive, ai Podcast Producer. Watch the magic happen as we produce the podcast live and also go over our list of shit that gets on our nerves in the news. Tune in it gets good. Here we go.

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goddang That's funny. That's

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in case you're wondering where that that Mia vos whisper came from that is my friend Jeff Sieh. And he recorded that I'm gonna say seven years ago and it's been sitting in my Dropbox. That's what she said.

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For a long time. And then I'm like,

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Wolf,

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let's put that on there. So we're live

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This is good. We're actually recording the audio we got video going on. So

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let's call each other our pet names. What's up Barbara DeDrew,

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Drew and Mel Diane Voss. alter egos?

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Is our alter egos dad's

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watching. He's like, Hey,

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I just gotta be like, I do not understand what's going on here. Hey, so we have a we're doing this live. If you're listening to the podcast, we're doing this live stream on Facebook. And we have some folks that have some rants, they have an airing of the grievances. And apparently my friend Louisa Garrett has one. I'm going to read it out loud. Her rant, I got new glasses, and the prescription isn't right. So they fix them. I picked them up yesterday and I still can't see. That's pretty bad.

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And you know, Elisa, I feel you?

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And by the way, I have to point out right before we hit record, you made an observation about all my various glasses and you called me out on it. Would you say

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I did I said you seem to have like an elton john level collection of eyewear, which is impressive as hell. Every time I see I'm like, Am I see me? Yes. I think she has different glasses I think but as it turns out, I was right.

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Now you do and I actually have two of these pair because I like them so much. So Louise Garrett sissy. I feel Yeah, I can't see so good. Right.

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Here. Yeah, these are my old glasses about to become my new glasses again. I can't see crap. So Louise. I am with you, man. I really should just train copper and drag me around. You better off

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copper the dog that is your your non train seeing eye dog now.

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He would be the worst.

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You be in the street?

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I would be out. Yeah, no. Yeah. Anyway,

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he'd be like, sorry about it. Kelly, thank you, my friend, Kelly. raymer. I just actually recorded a podcast with him yesterday, Kelly, feel free to share your podcast as well, because that's what

we're all about over here on the live stream. So listen, folks, you and I drew we have not done a rant in a while. Shit we don't know about is the sort of the alter ego of this shit. We don't talk about podcast, right?

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Think so it's like, Hey, you know what it's about time we're really pissed off about a lot of things. It's time to do one of these.

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It is airing of the grievances. And every time we get on the phone together, I'm like, Damn, we should record that because we are so damn funny.

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And we are That's true.

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And if nobody else thinks that we are but you know, at least we know it. So listen, the latest rant and I was gonna do a separate podcast and I thought no, we kind of play off each other pretty well. Is Who's your leader? Who's your influence?

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Yeah, yeah. And this is I mean, I don't know how, I don't know how detailed you want to get on this. But I found it interesting to see some people who are really making some super incongruous moves and like really unexplainable statements. I'll go with you know, yeah, let me go with mine first this way I'll see how much you want to reveal and reveal in the end but all right. Okay, ready True story. Now we're all tired of like COVID stuff at this point right hopefully we're nearing the end and we're hopefully gonna get back to normal and we got work to do but we're getting there right okay, we get that however, here's what I ran into True Story can't make this up right just in the last few days. I think I sent it to you and I'm like we got to add this to the list right? I would just grow AF over this. Here's what I don't get. So you had people you know people call in last year like masks and staying home and social distancing is a personal choice man. Like you do you're right it's my choice your choice stay home if you want but I my choice I choose not to stay home I don't I choose not to wear my personal choice man you do your thing I do you mind? It's that simple. Right? Okay. Same people a year later April 2021. Hey, vaccines are a choice man. Like you choose to get it. I choose not to but if you know if you get vaccinated, you could still infect me. So back off, like, oh, okay, Fred freedom. So now you want to acknowledge because now you might be in some sort of danger that we are actually dependent and connected on each other. We are all connected and we rely on each other and we impact each other. Now when it has to do with you, now you're worried about how we're all connected, and we have to work together.

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Oh, yeah. Oh, now it's about it's about you.

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Yeah. But last year, these fearless thought leaders were all about the old like, oh, man, you know, individual choice. You got to respect my choice to not wear a mask. Yeah, well, now you got to respect my choice to get vaccinated and breathe on you. That's, I mean, clearly, we're not going to do that. Obviously, we know but it just taught us like, Oh, okay. So, again, choose who you follow carefully. Because Yeah,

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yeah, that has been around too, by the way. Yeah. Good. But you know, I can't wait to be 5g. Oh, God. You know, I'm saying, I got my I got my Bill Gates chips. So.

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But that that kind of was surprising to me. And to see like the people rallying around those cries to like, yeah, like, you know, it doesn't mean you're immune. You know, you could still pass it to me and like, Well, okay, but I understand that and I'm fine. Am I gonna breathe on anybody? I wear masks. Oh, good. But like, I'm just surprised that now now you care about our interconnectedness. And last year, you didn't you were just completely denying it.

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super convenient. By the way by the end, Kelly raymer. Here. Thanks, Fred. Freedom is friggin hilarious. I do want to pick up radio. Kelly. Absolutely. I think I think it's been interesting to see the polarization of this. It's unbelievable. It's shit. We never thought that that we'd be talking about which, here's a good rant that I heard today as well. This was pretty good. This is Jen Psaki. And she is she does all the the daily. What do they call? Thank you press briefings. She set the jF by the way you can you can tell by her mannerisms. Now, when she's just about ready to pop off on somebody. I'm here for all of it. So I like there's that there's a guy in on YouTube that does these really great like Jen Psaki zingers. And so some guy from Catholic radio, I busted on you for being Catholic, but I'm busting on this guy. So he's trying to trip her up with and this is really going to get, we could we could lose some followers right here. And I'm okay with that. So some guys trying to trip her up with the fact that Biden is now going to be putting back into place some of the funding that was taken away by the Trump administration, for a lot of the things that have to do, I think it's called like title 10 or something like that. But it took away a lot of the funding that helped a lot of these neighborhoods that that they said supposedly was supporting abortion. Yeah, there's the big word. I dropped it on. Yeah. So what it was is that it wasn't going to funding abortions, but it took way all the funding for health care, health care for people. So he's, I mean, he literally tried to parlay that into our tax dollars are paying for abortions, folks, guess how many unexpected pregnancies happen in the period when Trump took away the funding for a lot of these these places? You ready for it? 180,000 unintended pregnancies because women were not able to get the health care to get birth control.

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Oh, can

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you see this? Ouch. Right. Okay. Yeah, yeah. So

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when you threw that word out there, but I see you brought it home.

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I guess I did. I yeah, I took that one rule all the way around. So I find it interesting, too, that these are folks that are very pro life, but it's more just I'm only about pro in uterus, because you know, they don't give a shit when that thing comes jumping out, jumping out. Ouch. That's really painful. Hold up. My friend Kevin is here. So we are going to do some live comments. Speaking of airing the grievances. My 26 year old son who has autism and a proxy, I had the opportunity to meet with the mayor of Edwards Ville, our hometown, Illinois, our hometown in areas grievances. It ranged from parades, Mitchell doesn't like like to video game stores at left town. Today was great. Oh my god. Mayor Patton was very hospitable, dude. I love that. And let's give a shout out to your son because it is Autism Awareness Month. So I man I love that he went out there. Mitchell McGinnis shout out to Mitchell. out there. Yeah,

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Video game stores at left town. Kudos to the mayor. Man. That's

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great. And parades, that Mitchell doesn't like Dude, I need I need an airing of the grievances for that.

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I know.

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If you actually have a recording of that. Please provide it Kevin. Kevin and I have known each other for the way way back in Illinois.

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So is that he's talking about is that where you're from? I

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know. It's actually champagne, Illinois, you know, like the drink speaking of

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your place, it might as well be called champagne.

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It's the it's, it's the king of beers.

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That's my hometown. It's

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very good.

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So the festivos of shows year round. Absolutely. One of the other singers that I love that this guy put in there, it's one of my favorites. Don't like abortions. Don't have them. Get your own uterus, how you like that? I can simplify it for you. Okay. Oh, exactly. So I will say we're going to segue back into the leadership piece because there this happened. Something happened about two weeks ago, and I shared it with you too. Now these are female influencers and being in the micro influencer world, I've seen some shit. Just to let you know, I have seen. I've seen it. What goes around comes around. Fire festival is one of my favorites that I thought was like the beginning of the end. Oh, Shawn Freud, man, you haven't seen fire festival FYR II festival. There is a Netflix special as well as a Hulu special. And this was in 2016 when this fail forward white guy and you can see that See, that's a theme for me. And some of the shit that happens. Right drew?

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Yeah, clearly.

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I don't even know this guy's name. He's still in prison. But I think I'm sure he's still trying to put the grift on everybody. grift is a big theme for me, by the way, and a lot of those leadership shit is going about be about people on the grift that are not being questioned. And people are just going along with it. Right.

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Yeah, you know, that was an amazing story. We're going back a couple years now, of course. But yeah, but like the guy you say he's still on the grift the thing that blew me away about I saw one of the documentaries and like three of them are made. I think Hulu made one Netflix made when everyone was all over the fire festival, right?

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Yes,

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even after the festival blew up. And like, you know, the authorities were on his tail. He was trying to sell fake tickets to some other big event. I forget what event it was. Oh, he was on camera, like running the scam.

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Sure. So it means that yes, that happened. So the event happened and it was disastrous. They had I mean, they they just if you read the lead up to it, they got a bunch of influencers to post this orange square on their Instagram, and get a bunch of a bunch of just dumb has millennials to spend a ton of money to fly down to this concert. And then they get there and it's just disasters. There's a storm. There's no 10 something they paid 1000s and 1000s of dollars. Yeah, it's a disaster. His name is Billy. What's it What's that punks name? I'm gonna look it up. Okay, Billy McFarland. And if you also listen to True Crime obsessed, which is one of my favorite podcasts, they really go off on that jaw rule. I can't believe he still shows his face because he was involved in it too. So Billy McFarlane he came back and he was still going back to the same listing. He was trying to sell tickets to things that you can't buy tickets to such as the Met Gala.

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That's what it was the Met Gala. That's exactly what he was literally huddling tickets that didn't exist to that event, after fire festival burned to the ground. And he was literally being filmed in his disastrous days, like me just do this, as well get this one. And before I go up to the big house,

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he really did. And yeah, I think he's been in prison for at least five years. But the thing that I find amazing about a lot of these leaders or influencers is that the hubris I guess, the the, and just the the, the ease that they scan people.

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Yeah, it kind of blew me away. We got one going on right now and sort of my community so my podcast, the anxious truth, we're talking about mental health and anxiety disorders and things of that nature. And we got a dude in the UK who's sold a shit ton of like, weekend retreats and his books and his courses and his anxiety Relief Program and blah, blah, blah, blah, blah. He is the marketing king of mental health in the UK, right? Except now there's nothing Oh, yeah, there was just a pile, a pile of humanity now coming forward, talking about the cult aspect of this and when you pay to go to his retreat, if you're struggling, it's not working for you. You're told you're a failure. If you go see an outside doctor and outside therapist, you are a failure. So they intimidate people to only staying inside this little organization that will cure your anxiety for a lot of money in weekend retreats. A guy shows up and Range Rovers wearing shades and has his family introduce him as like the next coming. No shame. No. Wow. And then wants to declare himself like a leader in the mental health space. Like he's saving the world.

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Yeah,

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it's not okay.

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And you know, we were of course, everything we say we think we're funny is fuck. Oh, no. He said, Yeah, but the seriousness of this and a lot of the things that we'll we're going to talk about are griffes and meeting like Getting over on people. But especially when you're talking about the mental health field, then that you're leading people down this wrong path which you and I have gotten on a lot of rants about toxic positivity, which we're going to talk about with Rachel Hollis. cuz she's in that same garbage Bell container too. But I mean, think how dangerous that is that that? I mean, I listened to your podcast, I watched your live streams, and the amount of people that tune in and we both know it because we both are people that have struggled with anxiety and panic since night since 1986. Ladies and gentlemen, you and me, brother, man, we're all we've got an IT Yeah. And it's been, it was a detriment to my life. So I know what it's like to try and find that answer. So you answer things really truthfully with people, but can you imagine how these people are? I would think that suicide rates would go up with being misled that way.

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Yeah, it's a little it's a little tough man. It's hard to see that and it's hard to see how I think that culture of influencers and thought leaders and everybody's patting each other on the back for having an audience and engaged and handing Bushehr that all that stuff and it gets kind of dangerous sometimes, you know, because I think people you know, in the end whether you're talking about money, career, mental health, family, whatever, people are just looking for help you know, I get it man they just they aren't for good advice and they're likely to fall for some bad stuff something not everybody I understand there's good people out there doing good work but it's really easy for anybody have questionable judgment is to hang out an influencer shingle a thought leaders see a trainer a coach a speaker shingle I'm a coach now I'm a coach you and then I'm gonna have to ask you for money when my

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Hey, we're gonna touch on that real quick and then we're gonna you segwayed for me and I appreciate that because and then we're going to get to Rachel Hollis garbage bell. I'm going to ring it. I'm borrowing from true crime obsessed on that because they're always like, oh, garbage bell. Dang. Dang. Dang.

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I got some side effects here. We can use maybe I don't know.

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Oh, yeah, yeah, ring the garbage ball for me. Well, I've got you know, let I love my this is the only one I've got is. Yeah, it was easy. That's what she said.

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The walk walk.

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I gotta load up some more stuff.

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Oh, yeah, we need clapping. We need cheering

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Oh, that I think but I haven't labeled. So I don't know. Anyway.

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Okay, just do randomly that we're not going to do could be inappropriate. Whatever the reaction is. My friend Kelly watching says I hate the word influencers and thought leaders it Yeah, because it's overused, it's generally not true.

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Yeah, I think Well, you know what, I think it's easy to self apply that label and to them believe it. Because everybody, everybody can have a platform now. And that, believe it or not, what's amazing to me is people that have come across that will call themselves influencers and thought leader influencers and thought leaders, then when you really look at the platform, like alright, you know, 500 people is good. 1000 people is good. Don't get me wrong. That's not bad. And you could talk to 1000 people 15 years ago, I get that.

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Yeah, but because this is all our broadcast tower.

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Yeah, you know, so I get it, it's a little bit

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holding up the phone, by the way for you.

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For those of you that are watching, we should have mentioned that visuals. Bad. Man anywho. So I don't know if you wanted to talk about that little incident.

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And, and just to piggyback on what you're saying, too, because yeah, there, there could be. There'll be a size Queen, if you are going to put your message out there. Don't worry about the number of viewers in the whole thing. Because even if you are reaching out to one person, and you have a message, if you're truly coming from your heart to say, I got to get this out there, and then somebody else can resonate with it, dude, that's magic, right?

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That's all good. You know,

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so that's all good. But again, choose it carefully, because there was a recent incident where there was a somebody fundraising in an area, okay, folks, we're in a pandemic, and everybody's hurting. And this person who's supposedly an influencer, asked for money to help out on something, and I'm really trying to be careful. And please feel free to message me and I'll tell you who the fuck it is. Yeah, but I don't want to put everybody's business on the highway all the time. But when I saw that, I just thought it just really written and I you and I talked about it, it just didn't ring true. Because it's like, choose, like, now I would want to actually work with somebody that couldn't get their shit together and had to ask for money from something that was not life threatening medical emergencies. I get. I get all of that. But like, and then when I actually saw a lot of the folks who donate it, I was like, just did not.

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Yeah, to me what got me kind of riled about that when you mentioned it, and I looked was like, I mean, look, everybody needs help, and there's nothing wrong with that reaching out for help is not a crime. There's no crime and reaching out for help. Don't get me wrong, but he's wisely Yeah, but it's really hard to reach out for help when you need it, which is fine. It's difficult enough to do But then reach out for help that way on, you know, Monday. And then on Tuesday, your advertising, you know, your weekend retreat, we're going to where, you know, you're talking to, like, people of abundance and millionaire mindset and 10.

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That's right. That's right,

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then, you know, how genuine Are you really being. So either either you're asking for money that you don't need, or you're teaching something that you can't do. So which,

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by the way is privilege? That right there is privileged if you're going to ask for money, and just expect that it's going to happen. That, to me is some serious ass, check yourself fucking privilege as well,

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it was a little weird. So again, it leads to that whole, like, careful who you're following, and you got to be careful, you know, like, I feel like we're doing we're being like to get off my lawn people here, but I'm gonna throw thing at it a little bit. So there's a book that I'm reading lately, which is really, it's really fascinating.

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I love being a get off my lawn person. I'm old enough now that I can I'm an embrace it. And this

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book talks about it was written by social psychologists who's done a tremendous amount of research over 25 and 30 years and collaborate with a lot of really smart people. And it talks about moral and ethical reasoning. And essentially, it's fascinating to see how it's become super clear in the last 50 years or so that we've been looking at this stuff. Yet, we fought we do not morally and ethically reason to form conclusions. We reach conclusions, and then we use our moral and ethical reasoning skills to support them. So back into it over and over and over, when they do the research, you keep coming back to the same thing. So you reach a conclusion that is more about belonging to a group and your self identity or self doubt. And then you use your reasoning skills to find evidence that supports that. And it makes people really prone to ignoring the red flags. Really ignoring the result?

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Yes, because unfortunately, that makes you culpable. If you haven't chosen correctly, you're going to be culpable for buying into it been like well, why did you know? Why do you what you all you had to do was Google it. Yeah. And do that whole thing. So yet people will really reach for what's the word empirical evidence and probably using the wrong

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Yeah, yeah, they will find ways to discard evidence that goes against their worldview, but run to the evidence. And then so somebody does bad things, but you like what they're saying, generally, you'd let them go you ignore?

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So many names. We

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all do that.

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Yeah, we do. And I and I have, I have, what does I have a list? What does he say? I have problems with you.

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I promise you the people that said it, hate

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saying it because I've had to do a lot of my own Check, check, check. Because here's a good I have a couple good examples. This is back in the Google Plus days, I had I had a show where I'd have people come on and you know, then I would promote people and you know, I would sort of believe that there was a lot of people that I thought were a big deal back in the day because I just was getting into Google Plus don't don't judge don't add me. And there it is. First don't at

me. And so there's a lot of people that I was just like, Oh, well everybody else thinks they're all that and two bags of chips so and then they come on and be like what there's a lot of people that were just the suppose it influencers that were not so great. So there was one who I had on the show and and she was a guru on one of the platforms. And you know, just I didn't know that much about her. But I was kind of like, yeah, she's great. And I was really promoting it and and I had a friend come to me, about a year later, we just happen to have a random conversation. She said, You know, I followed that person. And she said, I always just remember thinking like, why why would we promote them because they really ended up being just a really kind of an awful person. And she said, but I follow them because you told me to and then I ended up unfollowing them that she but she did let me know like, Hey, you know, more of like you need to be careful who you're putting your stamp on. And that is really important. We need to consider all of us as thought leaders in a sense of Yeah, if you've got your if you've got your trusted circle and you're saying I approved this person I really recommend this person. And yeah, be careful who you put that stamp on on the booty.

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That was from your feisty business tips, which was a really good episode of your podcast your

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dad that's right guys forgot I ranted about that already.

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It was good. It is just

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just the tips. Let's say my friend. Just right. Just the tips. Yeah.

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Let's talk about Rachel Hollis for a minute.

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Oh, I am going to talk about Rachel Hollis. I got to give a shout out to my friend Bill. Oh Bill's hyphenated his name get it brother man. Love that. But the new hubby. He's coming here from Australia. So

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good. I might

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know it's our tomorrow today.

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He's coming from the hay who won the World Series in the future bill can you tell us about the

stock market?

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What are that lotto ticket? Thanks for playing along because I do that every time Alright, so here's this here's the deal the sitch with with Rachel Hollis so if you know or don't know, she is a problem. Matic influencer who's been around for a long time so she wrote the book girl wash your face more like girl wash your ass because I'm so over her. She She wrote a book that was very it appealed to a lot of millennials. He was self helpy. And the problem with Rachel Hollis, if you look back on her, and this is what a lot of people don't do, if you google Rachel Hollis and the word plagiarism, that's the whole first page of Google, of how often she has taken this license with quotes. Now what she'll do, she would put a lot of these quotes on Instagram, right? And just have Rachel Hollis at the bottom of it and not attributed so attribution to people is so key people, key people don't be an asshole. Don't take people's quotes now. So she's also been somebody that kinda was in that really churchy thing she married very wealthy, married a Disney executive. So you know, kind of makes it like this rags to riches story, but let's face it, she is a thin white woman, who also body shames a lot comes from a lot of money, got immediately hired into a lot of opportunistic jobs at most, a lot of people couldn't get the opportunity. And then wrote these books, many of which have ideas that are plagiarized. I put some thought into this on ranting. Right? Um, but if you don't know that, you're just buying into what she's saying. And so her books are problematic. The way she puts her information out is problematic. So about two weeks ago, she did a live stream and talked about having a house cleaner housekeeper. And so somebody kind of called her on it was like, hey, that's, you know, that's privileged and you're really not being relatable. Well, girlfriend did this tic toc that is just so cringe worthy. And by the way, you're gonna have to just do hashtag Rachel Hollis because she deleted a lot of it also a problem. So what happened was, what happened was she, she then she said, I don't want to be relatable. And then she said, my housekeeper comes to my house twice a week and cleans my toilets. So it was just so gross sounding and then also saying how she's worked her ass off and the whole thing again, what people don't understand with a lot of people like Rachel Hollis is we use a term she started on third base. Yeah, she's already had all this privilege. So please don't come at me. Like, oh, gosh, look at all this things. When there's literally people you can't what she says is I get up at 4am I've worked my ass off really hard. So then she equates it, which a lot of people think, okay, if that equality is this, right, that you're starting at the same place, and you're not. You ever seen that video where people say, okay, we're going to name a bunch of things that can be problematic for you, if you don't have those, if you have those just stand still. And then the people who don't have these barriers to entry kept walking. And then they said, Okay, that's the starting point. And so the other big problem with it, is that there were some black educators who really were calling her in, in a sense on that post of like, girls job yeah, she also used the term sis which which was is just so problematic, as well as a white woman like it just there's so many things about her that that have issues. So black educators who I really adore, there's a woman named lovey, there's Austin, Channing Brown, there's Rachel cargo. These are women. I really look to. We're making comments. Well, this is Easter weekend. And so Rachel Hollis decides to just say, I can't deal with it. I'm going to take the weekend off. In the meantime, her staff is either deleting she says as her staff, we'll get to

that in a second deleting comments from women who are doing what we call emotional work, to bring her in and to explain why this is problematic. Yeah. Now folks are tired. Yeah. You know, like, they're tired of like saying, This is my lived experience. Please stop. What about, but what about? My friend Michelle is here, by the way. cants Yeah, girl, I know. You can't. Hmm, can't stand it big old yuck. And so that's also because you see all these comments that are really doing the work. So, again, this is a holiday weekend, but because they felt so convicted by how problematic The message was. They were making a lot of comments. Meanwhile, Rachel's off with her housecleaner who's apparently cleaning her toilets, and not paying attention at all. Yeah, comments are being deleted, dirty deleting. Yeah.

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Yeah, not good. Comes back on a Sunday and makes the most apology, basically throwing her team under the bus, which by the way, is not our first time doing that because last year, she appropriated a Maya Angelou quote, I don't

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know do that

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to her. Everybody called her in and she blamed her team at that time to Drew, what do you think about that?

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Honestly, I mean, I can't be more on board with all of what you're saying. I mean, that's certainly problematic. And I think it's not the first time, or that's not an unnecessarily an unusual occurrence. Maybe that was a very egregious example of some of the stuff that goes on. The part that killed me the most was the part at the end with the Oh, now I'm gonna throw my team under the bus. Because, you know, you know that along the way, and that message, and I don't claim to know anything about Rachel Hollis. So I'm not going to throw any stones at because I don't know any of her work. But I can guess that I'm guessing there's at least some message about surrounding yourself with amazing people that are aligned with you and share your vision. I got to believe that someone like that has said that at least once. And now the people that you have surrounded yourself with you are throwing under the bus to save your own skin. That's volumes about the person that you are, are putting your stock in that. Yeah, yeah.

31:02

Any. And again, it's not the first time doing that. So that's why, you know, this particular episode of the podcast is really about doing your homework. Who are you throwing your weight behind? Who are you listening to? I mean, I think Gary Vaynerchuk is problematic. I don't like him either. Now a lot of people do. And he's tried to backtrack a little bit on his hustle mentality to say, that's just me. I never told you to do that. But these you know, lemmings go go over the cliff are like, Oh, God, I

31:28

gotta know it, though. I think it's hard to say, you know, the Gary Vee stuff. I mean, I know enough about where it got really hard to watch that. And it's hard to show somebody glorifying how they're making their fortune and how they're building their empire by not sleeping and missing family events and being on three o'clock in the morning and working 18 hours a day, and then saying, but I didn't tell you to do that. Yeah, but you're really happy when you're following get huge when a bunch of dudes you know, 16 to 24 years old idolized you and follow it along with you. That you were okay with that. You never said don't do it. And I'll tell you to tie it into like the appropriation and plagiarism thing. He hitched his star to a guy named Jay Shetty. Yeah, so Jay is huge, right. And I remember right and so there was I you know what I should I'm sorry that I'm not prepared for this. Maybe we could put it in the show notes on the podcast episode. I don't know who the comic was. Female comic, very funny. And she was out there. Like every time Jay Shetty would do this, she would call him on it. So if you just search for Jay Shetty plagiarism, you'll find who she is, I can't remember she was and she would make these videos and call them out on social media. Because he was the king of dropping these spiritual wisdom bombs. And literally taking other people's words and then not even not quoting them, he would put his own name under it. It's as if I just you know, I'm gonna write down Four score and seven years ago, and then underneath, but Drew Linsalata like I wrote it, and he would do that again and again and again. And she would call them out and call them out and call them out kind of screaming into the wind until she was all Arbor. They're gonna call Arbor and she's very funny. She's very funny woman and she's really smart. And she makes a lot of good points. But she caught on to this guy right away. And but she was like screaming into the wind. And if you watch some of her stuff, it was like, is this Bizarro world? Like, why is everybody still idolizing this guy, and then it finally got some traction, and he got called out on it. And again, the same thing, like, Oh, I'm just gonna slide out of the frame for a couple of weeks and say, like, Oh, that's, you know, no, I didn't do that. But you did because the internet doesn't forget. And then I'll just try it for a little while and hope people forget. And sure enough, people forget, so

33:39

that they know that I was like, wait, Jay Shetty. Wah. Like, he has a you know, really beautiful voice and Brie eyes and the whole thing. I was like,

33:49

I did the whole thing. Like I'm gonna, you know, enlighten you and that's fine. Except, again, not okay. And I don't know, what causes that. Is he a bad person? I don't know Jay Shetty. So I'm not gonna pass you know, but professionally speaking. But the thing that blows me away about that to get back to like, Who are you following who your leaders who your influencers, again, that bias with like, well, I love the message so much that I'm going to excuse the person and I'm going to continue to put money in his pockets and give him my time and give him my attention. Even though I know that some at least some of what he is dropping on me. He didn't even come up with and did not have the integrity to say, hey, let me tell you what I read by so and so which really resonated with me and I want to share with you

34:30

like it. That's right, then that's the key point, the integrity to do that. And then also another key point, what are you putting your money into, especially right now with what's going on in the world? And time and money are key. Where are you putting your money? And, of course, you know, I get on the rant to have to dismantle systemic racism, because a lot of this does tend back to that because even let's get on my real quick rant about white fragility, which is ba Barbara D'Angelo every, every Barbara gets a D angelova. d, Bobby D Drew, um, you know, she's problematic too. I love that word lately, and I'm gonna run it that and grifting is also my other favorite. My really great words. You know, she's problematic because there are black educators who have done the work. And I want to give the money to them. And you'd heard my rant about that. So she wrote, wrote white fragility, but in a way, and I love the Austin Channing Brown had said, Nobody asked you to become the white lady whisperer. Why don't you just send them our way with the education and the information that we took our time to put into it? So little fun fact that last year, I think it was the University of Wisconsin had. Barbara, is it poverty? Angeles? Am I saying that right son of a bitch.

35:52

It's just Barbara drew to me,

35:54

Barbara deigro. Anyway, look up right, white fragility, but don't buy the goddamn book. So this university has the white fragility gal come and speak in Austin Channing Brown, who's a brilliant writer that it's a world of I'm still here living in a world of whiteness. and mother of pearl if they did not pay the white writer who was talking about systemic racism 75% more

36:22

than the moment is living.

36:23

Then the woman is living it. Ladies and gentlemen. Mike trap rabbit Yeah, it's a it's a me. But it's amazing that that that that flew past somebodies radar.

36:34

Yeah, we were talking about that a little bit right the other day. Like I would love to know the organizational mechanism that made that happen. Now look, I'm I completely understand market forces. I get that. So like, hey, this woman commands a lot of attention. So we have to pay her more I understand that. Yeah, at some point the organization has to have some kind of ethical compass that says, oh, wait a minute, we pay in this one 100 grand paying this 125 something's not right here. We got six that's

37:01

and that's also the system that we as white people can speak up and ask those questions I been doing public speaking for about three years which as we know if you have generalized

anxiety disorder is the fact that

37:15

to even do that you haven't exploded on stage.

37:18

Yeah, he had just little pieces of wineglass shaped confetti what what happened to that one?

37:23

Not good. Absolutely, lobby will left on the drums.

37:31

Every close up, does an excellent reference. But you know, like I remember even two years ago starting did become aware of like, wait, this is some of the widest should have ever seen and not speaking until I knew that there was more parody or more equity on on the stage. So that's the type of things that people need to be questioning of who Who's your daddy, who's your leader? Now I'm gonna throw out some big names of people who somehow just managed to slip under the radar and influence a lot of people. First off, rest not in peace, Bernie Madoff. He had garbage bell. I

38:08

know he just died. Right?

38:10

He did. Now let's talk about him. Because you know, it's been so long, it's been 10 years. This guy, listen, he started doing this grift here we go in the 80s. And because what he did is he created this air of exclusivity around his proprietary information. And he was also one of the first ones I think he became like the that like the head of NASDAQ, but he was one of the first ones right, there you go. See, I pulled that out of my back to thank you. But he became, you know, this this thought leader, and because he made it so like, behind the curtain? Nobody questioned him. This got billions of dollars. Did you know he stole from Eli VSL. The guy the Holocaust survivor, so every everybody everybody I mean, and the only reason why, you know, he was kind of the you know, there's the 2008. So, you know, it was just a spiral of of garbage. And he just couldn't quit. So then, of course, he's like, Oh, I'm so sorry. Did that like, no, you're sorry? You got caught?

39:15

Yeah, yeah. Well, that's I think that's common with most things. I was no, you're sorry, that caught

39:19

it years. But the point being that because nobody questioned. I mean, there's so many opportunities that people could have said, Hey, put this together. And so that, I mean, it just

devastated millions and millions of people. And it's interesting that his two sons, I mean, one committed suicide, he could not handle the pressure, which I guess I guess when he finally did admit it to his sons, they turned him in immediately.

39:45

Yeah. And it's funny because there were like, regulators that were actually sounding that alarm. But it you know, I think there was such a combination of things. I mean, he was I think he was the chairman of NASDAQ at one point, I believe, right? Yeah. But when you think about it, he came from this incredible financial pedigree. And that's that thing again, where we're all guilty of and we should be always aware of it. Like, where where is our bias? You know, well, we don't want to go against the grain. We want to believe this. We want to believe, you know that, number one, we have the ability to find a good deal. It gives us feeling like oh, I'm in a, you want to feel like you're in the inside. They're like, I'm on I'm in this special group that's making all this money here. And then we just disregard like, all the sudden that clear evidence that this should not have been happening, and everybody was just like, No, that's okay. I mean, hello, New York Mets had to like have like an otter playing third base because they couldn't make payroll because they lost so much money, like guys that are on the company on the team have lost a lot of money in the mail scandal. So churches. Yeah, I know for a fact that there was a church not far from where I live that had a lot of they were getting ready to build a building, new building, and they, they their buildings still has not been built, because they lost most if not all of their building fund.

40:55

Dude, that's 12 years ago.

40:57

Yeah, they still have not recovered from it. And they had a lot of money in that in Bernie Madoff hands and it all went away.

41:06

Fuck off. Bernie Madoff, everyone. Yeah, right. A couple other garbage bells to mention a people that just fell along with it. Jeffrey Epstein, folks. I mean, once he got just Layne Maxwell the like, bring in her pedigree I love to call her that. They just didn't question. They nobody questioned that this guy because he had so much money. And I can't remember it was a investment house that he was in originally. And they found out that he lied about his education, right? And this guy even went on the record said, Man, I should have said something. But see how there's that fail forward like that. Just nobody's questioning it. Yeah. So you, you have to, you have to have to,

41:48

and then that starts playing willing to question yourself, it really does. like am I willing to give up my belief and my belonging to this group in order to know do what I know is probably the right thing. Yeah, it's hard for people to do and they don't. So

42:02

it is. Rick Kelly says they Mets pay Bobby Binya.

42:06

Oh, that's true. They're still paying him. I believe. We're gonna pay that guy until the sun burns out. It was a worse deal in Major League Baseball history. bringing it up.

42:17

It goes down on baseball. One other quick rant is is the Sackler family, which owns Purdue pharma, by the way, which has killed half a million people with oxy cotton. Charlie and I just did a live stream. Morgan's here the capacity of it all. Morgan herd about an hour and a half of that today, when we we went on a good old rant was good, but we were

42:44

would you say the cut Cassidy of it. That's

42:45

a good cop Cassidy of it all. That's that's one of my my new favorites. But it was very interesting. We watched this movie, I just hit the wrong one. We watched our watch. We listened to a podcast, NPR fresh air. Terry Gross can't stand her. But I'm going to just say way past that. She's not my favorite interviewer. But she did an interview today with a gentleman who wrote a book Don't ask me his name right now called. Like, I think it's like a legacy of pain. And it's all about this Sackler family that just was able to sell so much oxy cotton dude.

43:19

And knowing again, when you look at it, this was not like, what what a mastermind scheme. It was right out in the open, the numbers were ridiculous. nobody in their right mind should have been able to look past what was going on there now. Yet, somehow, many people did.

43:37

They did. And you know, Mark and I were even chatting about it earlier, we're just talking about, you know, they talk about how cannabis is this gateway drug. Don't even get me going there. But this obviously really was because they weren't even telling people. So quick story on that. In the very, very beginning. They put out the first iteration of it that was based on oxy code on not telling doctors, I guess they had kind of said it, but there's emails of them saying, It's so funny. These doctors aren't getting the fact that this is actually twice as strong and twice as addictive. They think it's not as addictive thing never disabuse them,

44:14

right of that. No, they right? If they're not gonna say it, we're not gonna volunteer it. The same can be this from personal experience, too. I don't want to get into too much of this. But like, let's hear a lot of the litigation surrounding antidepressant use good brought out a lot of that stuff too.

So companies like GlaxoSmithKline, who were marketing Paxil, back in the 90s and early 2000s. They knew that people like me, which was my personal experience had a very difficult time getting off those medications and the turmoil it caused. They knew it and they basically instructed their army of like well dressed attractive drug reps with free lunches, to never bring it up. And actually most memos came out with in one memo a guy literally draw drew a bag of money in the memo. He literally drew a bag of money. You know, this is why we should not be talking about this. And how many people went along with that GSK is a huge multinational corporation and nobody, everybody just kind of went along with that. How is that possible? We don't want to question ourselves, which means we won't question other people. Not good.

45:14

Exactly. And I remember like the early 90s and the late 90s of that, having friends that were pharmaceutical reps, they were loaded like a freight train, they made a shit ton of money. All they got to do was go out. And I mean, they were like sports agents in a way like they're out. They got a big budget. Yeah. She said, and going out and why in the world, would they shoot that cash cow, I guess

45:39

that's the problem. Those things like things like that make so much money, the made offs made so much money when there's that much money flowing. You spread it around enough. And I think that certainly helps people not follow their moral compass to a certain extent money outweighs a lot of stuff.

45:53

Yeah, money begets money. One last script, and then we're gonna get out of here. We're going to I'm going to read my little script and do that.

45:59

Kelly says script to,

46:02

uh, yeah, I got the ending script. You know, I always read that to you. And you can Cue the music and do though.

46:07

Like what she's over here, right over that profile.

46:11

So if you're just tuning in on the live stream, this is Drew Linsalata. He is my Podcast Producer. So we just decided at the last minute to come on, and rant like, like we are wanting to do.

46:23

Yeah, right. We're about 40 minutes into the ranting now, so good. Yeah,

46:25

I know. Well, I got to cut it short, because I know how you get when I go too long to get a little too long.

46:32

All right, um, I'm contributing.

46:36

To add that caveat, like, oh, unless it's us, then we're right.

46:39

And then it's fine. Then people will listen for hours. So

46:42

my phrase that I love to say, you know, my friends now is when I get low grade obsessed with things. I'm like a low grade obsessed. You know, we got low grade obsessed about four seasons landscaping. That was you know, that was the thing. I'm now low grade obsessed with Matt gates gates gate.

46:58

Oh, I forgot Matt gates. Thank you. Me. This is why we're friends. Yes. How dad Oh, now I could not get enough of that story.

47:06

I know, every time it pops up on YouTube, I'm like, Who's got some shit to say about Matt gates.

47:12

The funniest thing to me was his statement that they issued. And I forget who brought this up? It might I don't know if it was John Oliver. One of those guys brought it up. Actually. She has a picture hupac Nice job. Bloom. Thank you. But um, after that all kind of came out. Yeah. And he issued his statement in the third party that was in the third person talking about himself in the third person I like, this can't get any more bizarre than he was at some rally or something a couple of days ago. And he was talking about the tremendous in the last week the tremendous outpouring of support that has come from and he reeled off, all the insane Jewish space laser conservative crazies in Congress rushed to his aid and I'm like, dude, that's not good. You don't say that? They're supporting you, but he's in his world. It's all good, man.

48:02

It is. And I keep wanting to say Joel Olstein. But I know it's not but he's also garbage. So this guy is

48:09

asleep in my church hosting that guy.

48:11

Yeah, yeah. Joel. I don't care how

48:12

bad it is. After opening the doors almost.

48:16

No, no, no. His name is Joel Greenberg Seminole County tax collector. I cannot get enough of this crazy guy like he, you have to go here. The crazy things he did to get elected. Then he buy \$60,000 worth of equipment, puts it in at the tax assessor's office. One of them he puts in ronk lights it on fire a little FYI. When he's running a Bitcoin business along with it. He's bringing in Matt gates over the weekend. And they're I don't know what they're doing with ideas like that. It's you have to hear all of it. And

48:50

so now Gates is involved in that too, where there's equipment on fire and Bitcoin.

48:54

Well, that's actually how he got busted. Josie Greenberg, yes. Okay. Yeah, bit small fish. Big Fish. So Joel Greenberg. got busted first. I mean, he's he's definitely going to pound you in the ass prison, as they say in office space. But he's rolling on that

49:14

game of Leavenworth. they renamed that facility? I believe.

49:17

Yes. Yes, I got I have to give a shout out to office space for that, that choice line. But it's it's really I mean, it's really, really complicated, but he's going to jail. For first It started with some of his bullshit at seminal county tax assessor's, but then it's turned into trafficking. Okay, some serious shit. And then then of course, we have who pays? Who pays on Venmo for that.

49:45

I know if you're gonna do that white, white. I understand that when nobody uses cash anymore. I get that I don't. Like in certain instances, if I'm going to buy some shady shit. I'm gonna go to the ATM first. Just call me crazy, but I'm gonna You know like that's just the way it's gonna have to be.

50:02

We're making Kelly snort stop making me snort laugh that's Yeah, look what that in my world sir. But hot mess Yeah, yeah gates gate is it is it has everything

50:14

it has Venmo it says everything.

50:18

This place is every bouncer wearing

50:20

their suit tax assessor's Venmo payments to hookers.

50:25

Dan Cortez.

50:27

Dan Cortez. Yes yes yes yes yes,

50:31

yes yes yes please go look up stuff on on SNL one other and then we're going to get out of hell ilaria Baldwin, remember how I was so I know you're so low get obsessed with hilarious Baldwin? And a and then she I don't know how she managed to do this. But she's, you know, has her I don't know. 19th kid, and then also has her like, 18th kid because they got pregnant, but then they also had a surrogate. She's a hot mess. But that's a leader that people like finally she Okay, here's how it started real quick. And then we're gonna go That's right. You're like it's your show me.

51:08

I'm just Yeah, there you go. Yeah, just a co host.

51:14

Know your things. So she. So this this random thing happens last year that Amy Schumer does a spoof on her on Instagram. So Laurie Baldwin is married to Alec Baldwin, who's also got his own little problematic, whatever. And so she does a post now literally, this woman has had five kids she does this post of herself in lingerie. With this baby. It's improbable. I have to admit it's improbable, but we can't body shame. We cannot body shame and we will not. But Amy Schumer who's one of the most truthful about her pregnancy and about having a kid She's hilarious. Like she's she definitely makes it look unglamorous does a spoof post and shares it out? Well hilarya Baldwin doesn't really know what to make of it does a video a live stream and people are like, Wait a second. Don't you have? Aren't you supposed to be from Spain? And she sounds like right down the street from you. Yeah, right. Well, and so somebody tweets out and says, oh, congrats on your 10 year grift back on Grif. That's actually how I got started on it. of pretending that you're from Spain. Yeah. So she has to backpedal a lot. You go back and listen to her can't remember the word how you say cucumber. She's like acting like she can't remember the word cute.

52:35

I mean, it's

52:36

it's so it's bad. But unfortunately, it's also because she is culturally appropriating Yeah. Something else and so it's she's

52:48

taking the he

52:49

takes the Madonna thing to a whole nother level. Remember when Madonna had a new new accent every like two and a half weeks? Yes it is that is that the idea was to speak in the movies in the 40s I don't know what she's doing.

52:59

Exactly so but here's why she's not as problematic on that is because it's just this low. It's almost like what's her name on shits Creek where she's like, you don't even know where that accent came from. Right?

53:10

And it's a bad day.

53:11

It's like a bit almost. But

53:12

when you have a culture that by the way, unless you're just top of the food chain White is your really app again, different again, barriers to entry on things but when you present is white and then but then take all of this stuff. Yeah. And then mishmash that in with your success. We got a problem folks. So be careful because then she also was followed by a lot of people who are you following Have you vetted these people? Just randomly start googling folks that you like, because I got to tell you that Jay Shetty thing came out of nowhere for me

53:45

who knew right? Who knew this was some quality ranting my friend You did good tonight. Hey, you know what, before we do a little exit script, say your herring Carrie. Hey,

53:55

hey, would you or would you not eat the moon if it was made? Right, exactly. Hey, Albert Einstein has been dead for 37 years. We'll try and get him anyway. You know what tomorrow is right? No, because today's Thursday she know what tomorrow's favorite

54:26

Okay, so real quick what that's about so John Oliver did a story about what he thinks is the most amazing thing which is a trend called flat fuck Friday. And it's all about alligators and then you have to sing You

54:40

fucking losers.

54:44

The greatest song ever written. That's crotch crotch. That's very

54:49

concrete crunch.

54:50

Me. Me good vibes,

54:52

good vibes. I will share a link to that because it truly and then I literally wake Charlie up on Fridays and he's still falling from We're at a pretty soon he want

55:03

he would know better by now.

55:04

Yeah, well

55:05

I just fell for it too.

55:07

Yeah, that's exactly you did you fell right into the trap All right. Let's do it. Music what's your music that's causing music bring it

55:25

because I'm always listening to myself. Okay, ready? Do it. If you liked this episode, please do all the things like share with your friends subscribe and leave me a review especially if it's a good one. If you really like the podcast and you want to show it head on over to shit we don't talk about podcast comm click on the patrons button and become a full time supporter of the podcast. And if you want your very own podcast and you don't know where to start, go to helix dash interactive calm and get yourself some song.

55:55

Yeah.

55:56

Thanks for tuning in. See you next time. Bye.

56:13

I don't even know my own Closing Music.

Transcribed by <https://otter.ai>