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SPEAKERS

Mia Voss, Ashley, Layla

M Mia Voss 00:03

Hey, welcome to episode 69 of shit we don't talk about powered by helix interactive. Today's topic is dating tips and techniques. And of course, I'm giggling that the episode is number 69 because of my sophomore sense of humor. I have two amazing guests today, my good friends Ashley enlightening. And you might consider our conversation in the girls locker room talk. Please wear your headphones because we're gonna dish on all types of opinions on dating. As always, there's an accessibility transcript that can be found in the show notes at ship me Don't talk about podcast.com Alright, strap in. It gets good. Here we go. Boss ladies. How's it going?

L Layla 00:52
Pretty good.

M Mia Voss 00:54

Alright, so we're gonna start with the identifiers. Yep. That Oh, this is gonna be good. First of all, put your headphones on. That's your first warning shot. Oh my Pog. No, not you, listeners. Because you will when you listen to the replay. Y'all know this when you listen to my podcasts anyway, for God's sake. It's got a swear word in the title. That should be your first warning. So listen, I may have lost I'm the host. I am a blond, white 57 year old woman wearing glasses. And what I think is a fabulous kind of chartreuse top. Yeah, me and some flowers in the background. How about you laugh like that?

L Layla 01:33

I am a black woman. I'm 41 I'm wearing all black every day. All day. blackity black is black can be and my hair is long and wavy. Give some

M Mia Voss 01:48
fabulous eyelashes and you're coming to us from your newest location.

L Layla 01:53
My home away from home, Istanbul.

M Mia Voss 01:57
Yes. All right, Ashley, how about you?

A Ashley 02:00
I am white, as white as can be a white female. 43 years old, not as white as Betty. And my background is very white and beige and very LD. And uh, you also have shoulder a purple. Yeah. purple top on.

M Mia Voss 02:23
And what's not shown is her fabulous dog Sanders. Anywho. My other my blonde boyfriend. Alright, listen, we're gonna get into it. So as you all know, last week, I did a Dating Tips episode with Dave Glazer. Go back and listen to that. But today, I have the two women that I rely on the most right now and have for a while to talk about what's going on in the dating world. I just hit a an official one year of single. Let's all clap for that. And I'm a work in progress. And so listen to the things we're going to talk about today are not the not the all being all seeing things that you should do. But just take from it what you need. Okay, right. We don't know what we're doing.

A Ashley 03:10
Now, that's the thing with dating, there's no rules, right? Yeah.

L Layla 03:14
No, and nobody really knows what they're doing. No, no,

M Mia Voss 03:17
no, what I love and I said this in the last show, and I would love to, you'll hear a couple of examples of this. I love what not to do is because I love learning from other people's mistakes, or sharing mine to say, Oh, that's not good at all. So one of the things we're gonna go by topics.

So let's start with with dating apps, if you don't mind, because I have not. I have not delved into that I just got out of Well, last year, a five year relationship. And before that, I just had that I'm not saying it's good or bad that I have. But I find them interesting. So talk about your your dating tips on on that are some of your experiences, whoever wants to go first.

L Layla 03:58

Yeah, I'll go first, I guess because I'm actively, actively and inactively on the dating apps. And because I'm traveling and like living abroad everywhere, it's like it's a it's the easiest way to try to meet people. Because there can be some safety factors around going out as a single woman meeting people. And on the dating apps, too. So I like to use Bumble Bumble is my favorite. Um, most of the places that I've been, it just seems to attract a little bit more of an educated group of people. In countries where they don't speak English. Bumble tends to have more people who are English speaking. Interesting. Yeah. Um, and Tinder is kind of I mean, generally speaking, I feel like Tinder is kind of known as the hookup app globally.

M Mia Voss 04:52

So it isn't a global a global thing. No, yeah.

L Layla 04:56

I mean, there are some countries where like, Tinder is just the only thing that's available out there. So it's not necessarily that but I mean, I find that whenever I'm on Tinder, it's definitely like, a different type of interaction than when I'm on Bumble. And you have like nowadays, too, I think, what's this? I hope I'm not veering off topic. But one thing about the dating apps is that sex workers is such a thing now, and not abroad. But even in the States. And there's a lot of sex workers on Tinder. There's a lot of sex workers on all the dating apps. So like, navigating through that just to convince people you're not an escort or a prostitute

M Mia Voss 05:36

or not that there's anything wrong with that. But I would just like

L Layla 05:40

to know that there anything wrong with that, but I'm not one. So also that I know, in a lot of men, and a lot of men are not wanting to engage with you, if you are so like, there's a lot of that, especially when I say like, I'm a single woman traveling solo, I'm from the United States, and I'm here just living my best life. Like it kind of is giving a score.

M Mia Voss 06:03

Right? Because you're you're fully funded. So much sense.

L Layla 06:10

Yeah, but I like the dating apps. Because you know, it's an easy low effort way to see what's out there. And I had a friend of mine who gave me like a standard because you know, on Bumble, the women have to initiate the conversation. So a friend of mine gave me like a standard blurb to say every time and guys love it, like they love this intro. And then you know, and then

M Mia Voss 06:34

this, yeah, we might put that in the show notes with.

L Layla 06:39

with you guys. Okay, great. Going well, but yeah, so I just I like it, because it's a way to meet people weed through a lot of people. And what I look for on dating apps, or I would say, since we're kind of talking about what what to not do, like, if he, if he has all of his if I can't see you in any of your pictures, so No, for me, if, if all of your pictures of the majority of your pictures, you're half naked, like with your shirtless, like, there's just something about that this is I'm not really serious about anything. If you're, if you haven't even bothered to fill out the basic questions in your profile. And, and I know we have the topic of ghosting coming up, so I won't go into that. But like, that's kind of a deal breaker for me too. Like, I'm also bad about being consistent on the app. But that's something I say in my initial message to guys like I'm really bad about this. Let's exchange numbers on WhatsApp. I'm, you know, I'm more communicative there where you can reach out to me on Instagram or whatever. But people who just kind of like every four or five days, they pop in, like I don't know if you saw my Insta Stories yesterday when I was when I was talking about shit and like going off on these different men, but I was like, Don't let these gaps go by like first of all, I'm in a whole different country, and a different timezone with different currency. I don't even remember who you are, seriously. So these gaps like we can't, we can't do it. So but I've had some really good experiences with the dating apps met some nice people. And I think you have to go into it with I heard someone say once low effort, high energy and keep your expectations really low. And just I've learned now I'm at a place where it's like I've learned how to appreciate every interaction for what it is in my life in that moment and not make it not try to make it anything else.

M Mia Voss 08:37

Oh, that is a Mic drop. I love that because I think that that helps a lot to to do it. And we'll talk about this with communication as well. But that's an excellent that'll be an excellent segue into it as well of of what you're being very clear. I love your honesty on the stories, which is why I wanted to have you both on the podcast as well too. Because I think with women in society, there is obviously still this thing out there of we have to dance a certain way and look a certain way and and really kind of, you know, look to like what did I say I was in our pre show, like when you run into a mountain lion on a trail don't look too big, but don't look too small. Don't

look at him directly, but don't look to the sidelines, like little invisible requirements and also fall under hashtag or hashtag fts. Fuck that shit. So tired of it my favorite. So I came to one of my peers. Ashley, what about you and your experience on dating apps?

A

Ashley 09:34

So I am not currently on a dating app. I have used dating apps and I've met great people. I definitely stand behind everything that law was saying because it is it's you make the experience what you want it to be. And at the same time, which

M

Mia Voss 09:54

by the way is great for women to do to really already set that requirement and a boundary I think yeah, think very, very powerful that about that. So thank you both for that.

A

Ashley 10:03

Yeah, I think a big piece of it is boning how you want your experience to go and like requiring that of people. And I have learned about myself that I don't really, it's not that I won't ever use a dating app again. But I don't really prefer it. So I had to give myself permission to date in a different way. And that way has been, I've been going to different local events, because those have started up again. So actually meeting people in person. And similar to a dating app, you're just meeting more people at once, and seeing who you jive with or not, I prefer that. So that's why I'm not on dating apps. But I think for a long time, I felt bad that you know, I shouldn't be doing this thing, because that's how people meet. And it's not really the way that I want to meet somebody right now. I love serendipity

M

Mia Voss 11:07

of these two guests, because see the different experiences that you each have, and then I have one as well, too. So this, this falls under the category there's no right way. Go ahead.

L

Layla 11:16

I just want to say to Ashley's point that honestly, when I was in the States, I was the same way. Like I was like, the only reason I'm on dating apps now is because there's really not any other way for me to navigate dating outside of the US. But no, I feel the exact same way. It's so arbitrary. It's not very organic. And you just can't really feel the vibes until like, you're at least in a video chat with someone. So no, I totally feel you like I agree. I would much rather I would much rather somebody approached me and our six at the grocery store. Yeah. Hey, you like bananas? I like bananas too. Maybe we should make some bananas.

M

Mia Voss 11:59

I'm a big fan of what they call movies the meet cute, you know, it's it's one of my favorites. I just watched that movie. This means war. I don't know if you remember that one with Reese Witherspoon from like 10 years ago. And Chris Pine and the guy that played Bain? God, I love him. Tom Hardy. Get me one of those of you. If you're asking what my order is, it would be a Tom Hardy Thank you very much. But there's a lot of meat queued in that. And some of it was orchestrated, obviously. But I was just, I was totally digging that. So I appreciate that. I feel like for me with dating apps, what scares me a little bit and then we'll move on is I feel like the minute I put my foot in it I'm it's like stepping into a really fast moving rapid stream that I'm just gonna get sucked into and like zoom, and then I'm afraid I'm going to see people that I know or people that I know through my ex all that stuff. So

A Ashley 12:51

I so I went to a dating event recently, where they actually talk to people ask questions about dating apps. And specifically for women, it's a lot tougher, there's a lot more weeding through because there's more women on the apps and less guys. So like a woman I

M Mia Voss 13:11

know, Ashley and I are both in Denver. So we are we're in the same market. Right? Yes, yeah.

A Ashley 13:17

That's the same male market

M Mia Voss 13:20

member.

A Ashley 13:22

And so there's more work for a woman to do. There's more work for a guy to stand out. And they typically aren't thinking about doing that. Potentially, I don't know.

M Mia Voss 13:38

I wish I could agree with you on that. As people who know me personally, I talk about the fail forward attitude of men sometimes.

A Ashley 13:48

But one of the things the matchmaker said was that now I'm going to lose it. What did she say? She said, If you don't want it to feel like this collision train, to when you start just take time, just

meeting people, and then start having conversations, like break it down into steps versus like, I met this person, and I'm talking to them, and I'm going out with them and so that you're doing all these different actions at one time, which I thought was interesting. It was a way to like not get burnout.

M

Mia Voss 14:27

I think so. And I think there's a thing to that the women might have I think women my age coming from, you know, coming of age in the 80s and the 90s. And everything was just like this alcohol and drug fueled connection for the internet. I really was that was yeah, how I learned my dating style was by horrible 80s movies. I mean, John Hughes did me no favors with this movies of like, learning how to date at all. It was quite Yeah, it was quite an a little bit of an accident waiting to happen. So I really appreciate that too because then it can The more that's part of the taking control. And I would think, you know, setting setting I setting limits and, you know, even writing down some some expectations. So let's talk about communication and ghosting. Because I think those can go in and La already sort of alluded to that as far as communication and you know what works and doesn't work. So tell me some of your Ashley, tell me some of your experiences in the law. We'll get you in on that to

A

Ashley 15:27

me indication. Well, I can't say that I am the pillar of communication. But what was

M

Mia Voss 15:34

it you like? And what did you again, we can we said that in the beginning, we're not saying any of this, right. We're saying this is our lived experience.

A

Ashley 15:41

Um, but I love avoiding. No, I'm a big fan. That's my favorite. No, no, I want to say this about the kind of the ghosting piece because at this live events, so I'm really easy about when I meet people, and I'm in the moment I get really excited. And then after, I'm like, Oh, that wasn't like a sustained excitement. Some things I do have. It's sustained excitement, but not all things. And I'm learning that more and more about myself, that be more honest, in the moment, like two people had asked me for their numbers. But these weren't two people. I really wanted nice people that I really wanted to talk to you more. And but I did the nice thing and gave them my number. And then I'm like, now I have to like either dance. Yeah, the dance, then you don't know these people. So it's not let's take, hey, I guess I could have just said that. I'll call myself forward here. I could have just said, Hey, I can give you my number. And I'm actually not interested in continuing this communication. But that feels also weird to me. Because it makes me feel

M

Mia Voss 17:10

weird inside and not in a good way

were inside and not in a good way.

A

Ashley 17:12

Yeah, it makes me it makes me feel like I'm assuming that they want something. And they might just want to have a friendship or whatever. And I don't even necessarily, I'm really looking for that with guys. New guys. Yeah. See, we need law, we need to have these calls. Every week, we're getting

M

Mia Voss 17:36

the holy trinity of dating. Like, girl, come on. Right. And so can just jump in on that too. And I really appreciate that. Because if there are men listening and are getting butthurt, and feeling in selfish nests, and say that, but this is part of what our experiences as women is, and we were taught to do as well, society really pushes us towards that to be agreeable, and to be nice. And so we're working on it, folks, men and women, we're all we're all working on that I completely understand that that reaction. I really do. I want to join you on that.

L

Layla 18:12

And I think another real thing that happens too, is like we live in a world now where like, women are literally getting beaten shot at stab, because they said no, I don't want to give you my number. Or they're getting stopped halfway down the street after they've said, you know, I have a boyfriend, I'm married. Why are you happy? So it's like, yes, sometimes the easy thing. Thank you know, put it out there and then have to figure out how to ignore you later. You perspective,

M

Mia Voss 18:45

there, there really is. So that's an excellent addition to that too, for Ashley's point. So So what how have you handled that yet on the on the two people that you gave the number two,

A

Ashley 18:57

I spoke to them. One I had a good conversation with the other. I cut it off by he took like days to respond. And so I just when he responded back, I just didn't respond. And I felt like that was appropriate, which leads me to ghosting because I think there is ghosting and I actually read a little bit about this just to see like what it actually means. And it's around abandonment of a relationship or friendship. So yes, you could be going along and have this really close intimate relationship with somebody even if it's just by text and then they disappear. But I threw in like a fizzle like conversation or communication fizzles before ghosting because if like these two guys, I'm not really ghosting. I'm not really abandoning them. They like don't even know me.

L

Layla 19:56

We have no one. We have no established connection.

A

Ashley 19:59

Yeah So I'm like that's not ghosting. And there's a reason ghosting exists because it's easy. So you're calling it fizzle doesn't make it right. Yes, the fizzle like it just fizzles like

M

Mia Voss 20:14

I think there are varying degrees of layers of the the fizzle, ghosting communication and then that's also feeds into which we'll talk about in a second attachment styles as well, too, because I know for some people, they're just like, aren't whatever I guess I didn't know and some other people can send you into a tailspin tizzy. Again, if you haven't been sort of doing the work as well to have like, what's, what's that bringing up for me? I try I try to do that for myself too. You now have different responses from people or different things to say, Okay? Not that I always want to turn to myself, but I do want to be internally saying, okay, is this me? Is this not me? Okay, then and then look, look at you about what were you gonna say?

L

Layla 20:58

I was just gonna say like, I think that's a really good point that actually made that like, it's not ghosting, like, for me, it's ghosting, when, like, Okay, we've been on several days, we've been talking every day, everything seemed to be going really well, I seem to like you, you seem to like me. And then suddenly, I just stopped hearing from you. And then four weeks later, you appear again, that is what I call ghosting. But I think we do have to get to a place where, like, just, I think we're so inexperienced with dating in a lot of senses. And even people who are married, right, like I come from, I'm from Michigan originally. And people like, marry their high school sweethearts, marry the first person that they ever loved the 4x width. So even married people aren't really a lot of them are not even in a position to give us dating advice. So I think that a lot of what we're calling like toxic dating, is really just a part of dating. Like, you're supposed to go through multiple people, you're supposed to date some people that you don't like, you're supposed to find out that you're not compatible with multiple people, there's going to be some people that you have a conversation with, and just don't want to talk to again, and we set this expectation that, oh, well, mature adults should be a we should be able to talk about it and say, you know, these are the reasons why I think we should no longer talk anymore. But it's like nobody really owes you that if all we had was a couple messages exchanged a couple text messages and a few phone calls. Or maybe you even took me out once and bought me dinner. Because at the end of the day, like we can pick up on vibes like I can pick up on when I'm not feeling you I can pick up on when a guy is not really feeling me. You know what I'm saying? I think we do. I think as women we definitely have to allow ourselves to be okay with like, We don't owe anybody anything, but also being okay with the fact that they don't owe us anything, either. Oh,

M

Mia Voss 23:03

that was good to me. And I'm like, That's so true. If we set this up into this, this really cutesy little picture of this is what it looks like when it's healthy. And just not allowing the

little pretty picture or this is what it looks like when it's neat. And we're not allowing the human side of it, which includes sexuality attraction. Like like you're both said, you you know, when you when you feel it. So I do love that, too. Reminds me of one of my one of my all time favorites. And of course, it was originally Sex in the City. And then he wrote a book about it. I'm not saying that it would apply now, but they, I wish they changed it to they're just not into you instead of he's just not into you to make it you know, just more of a overall overall, new gender neutral, but I will never forget that episode, when you see Miranda's like got this like light bulb of like, oh my God, and she not that she carried it through the rest of the of the series whatsoever. With just that beauty of like, it's just not that into me when Glenn Berger explains like if he's crazy about you, which isn't always necessarily true that they will jump through hoops. That is definitely a style that I like, but not in a stocky way. But do you remember that like how eye opening that was just and it's to your point, love like, you just they don't owe you that. But I think also being and I talk about this all time all the time being grounded. And whether that's through meditation, or spirituality or prayer, like when you know yourself, you're going to be able to pick up on that and then pick up on your own energy to have what what's working for you.

L Layla 24:30
Yeah. Great.

A Ashley 24:32
You touched on what I believe I was saying yesterday about Conscious Dating when we connected. Because when we have an expectation or we think somebody owes us some explanation of why even if we barely know them, that's where I feel like the Conscious Dating piece goes too far. Like we need to sit down and, you know, have a kumbaya about this thing that never even started in the first place. Right, that'll make most people

M Mia Voss 25:01
and I think most healthy people kind of run the other way of like oh my god this is workout already. Yeah, yeah. Yeah. Like the Conscious Dating and then again the attachment styles I think knowing your attachment style and again on on the last episode we talked about that with I talked about that with Dave of just I think being aware of that and what you know what triggers you or what lights you up. And I know for myself being at talked a lot about this being a child of or being a product of C PTSD, complex PTSD of childhood abuse, it really has affected how I either attached to people too quickly and so getting to know that piece and then not making it anybody else's responsibility, but my own to be aware of it and then know what I need to ask for us has been helpful for me and my again, that's just me.

L Layla 25:52
I don't think I know what my attachment style is.



M Mia Voss 25:56
What actually, yeah,

A Ashley 25:58
I can send you a quiz

L Layla 25:59
is

A Ashley 26:01
yes, and I will put that in the show notes too.

M Mia Voss 26:03
We will and we did touch on this last week. So anxious enabling avoidant attachment. There's
urn security anxious avoidant I think that's me. So we will put that in the show notes too,
because I think that's a great thing to to realize, too. Who is it? I don't know if it was you love it
said, we were talking about love languages. I was my friend Sean, where I was like, What's your
love language? She's like, all of them. Like me. I like oh, the things don't make me choose.
Right.

L Layla 26:35
Well, I literally have one. I mean, yeah. Like, acts of service is by far like anybody that knows
me, like anybody that knows me or ever watches any of my stories or like anything I talk about
like, service is a number one priority for me in everything, restaurants, hotels, anywhere here. I
am not being properly served as an issue, but especially in relationships. And the last guy that I
dated like he was so not someone I should have been dating, but he was nailing the acts of
service like constantly and consistently to get tripped up by that. Hmm, overshadowing all of
the things that were like really not compatible about us.

M Mia Voss 27:28
For you for recognizing it though, honey, and I think it took me a while a minute but you know,
yeah, it's like the Achilles heel a little bit your your your your love language can be here your
weak point and I think that that's another thing to bring up to to remind everybody of you know
the forgiveness of how long it took us to realize something or you know, we're all just stumbling
through this world that is crazy Cosmos trying to to figure it out. So I think the the less

demonization we have specifically to ourselves, and certainly don't do it to other people Grace shut your mouth when you judge other people about what wish you could see the video laws getting hit by the Spirit or a small man. Okay,

L Layla 28:20

so sorry, there's so good. Something just started flying like right in front of my face. I was like,

M Mia Voss 28:25

what is it? It's a message stranded trying to come through. Boy, I really liked that. And we will put that in there too. All right, we're gonna we're heading towards the tail end. That's what she said. We're gonna get into a fun topic. And I wish we again we recorded yesterday because we really did a deep dive. Let me give you a spoiler alert. Gray sweatpants. Yeah. So dick pics, was talking about it. Maybe I'll have something funny to say about it. And then we're also looking for Elon Musk to come up with and I'm just gonna put out that there's there's an AI that we're looking for. And you can you can reach

L Layla 29:06

out to me, please contact us.

M Mia Voss 29:09

Yeah, we have some ideas

L Layla 29:10

that could make you a very rich man.

M Mia Voss 29:13

Instantly. Stop dicking around with Twitter. No pun intended. We have more important fish to fry, Eli. Alright, so let's talk about your experience with dick pics. Your yay or nay? Some rules. I have thoughts, but I want to hear yours first. So who wants to go

L Layla 29:31

dick pic? I just really have to be honest. Like, I just thought about this when you said your experience with dick pics. If I'm honest, I'm only offended by dick pics when it's not nice looking. When it's somebody I already know I don't want to be receiving dick pics from like consent. You know what I'm saying? Like if you're like there's somebody who there's somebody in my life from years and years ago, who? Yes, and yes, I mean, and I'm talking about, like, at

this point, it's probably been almost 20 years ago. And every time he reaches out to me, like it starts off really like, hey, queen, how you doing? I just wanted to, you know, check in on you. And then like, bam. And I'm like, thing, but this is and so now I know like every time but other than Him unless like it's just not a nice looking big pig. Bring it on. Bring it on. I'm a single woman in a foreign country that is traveling as a nomad. I'm ready to see all the pain.

M Mia Voss 30:48

Bring the pain to me. BTP.

A Ashley 30:51

Send it to her. So we got him in the

M Mia Voss 30:53

bio. I think is DPC dick pic consent, and I agree to I mean, and we've said it before, too. It kinda reminds me when you say that it reminds me those those things where you can click on something and something goes bland scares you. You know, so you're constantly waiting for like that thing to come out. And you're like, sir, I did not ask for that.

L Layla 31:17

Yeah, and he's like a sensitive content label. Maybe. So why am i because if I'm like feeling real spiritual, I just came out of praying, you know, and being with the Lord, who I might not want to see that right then. later on that night, I might want to be like, let me see what that was about.

M Mia Voss 31:35

I that's another another thing that somebody needs to invent. Is dick pic. Consent button, click here. Yes, but that however, I am not responsible. Yes. Right. What? I'm not responsible for what my reaction is going to be. And I will say you're you're right. There's there's some things I've seen that I'm like, Oh, I wouldn't. And I no lie. You said it. I would not send that picture to anyone. That is not a ringing endorsement, sir.

L Layla 32:05

Here Oh, I was gonna call his name in case you're listening. Don't send that picture to nobody else. It was not okay. I was not okay with it.

M Mia Voss 32:16

Now go that. I mean, I will say that that does allow you to, you know, shop ahead. Kind of like a

Door Dash type of thing. I saw what it looked like in the picture. I can say yes or no and add it to my cart. And folks don't get butthurt about this. This is this is real life stuff. And I'm so sick of sexual shame that women cannot talk about this. So that's why we're busting this topic out. Ashley, what's,

A Ashley 32:40

what are your thoughts? It's percolating in my mind? Yeah, I see. I think of like divine timing. There's Dick timing, like time the deck Well, when you're gonna send it. And please don't do it in a weird bathroom. With weird ad set and don't hold it. I don't know. There's this weird holding position that I feel like, like, let it I don't know. I don't know. Do you want them holding it? Or do you want it to

L Layla 33:11

hang? If it's worth seeing? And it's hard. You shouldn't have to be holding it. Yes. Let's just start there. If you have to hold it don't fit in that picture. Rule number one.

M Mia Voss 33:23

You're right. And I want to reference the show. I believe it's called uncoupling. That's a really good thank you for that. That's right. It's just stand up by its own. doesn't need any help. doesn't need any a sweater or just look? No hands. We're looking

A Ashley 33:43

not toothpaste. You don't need to squeeze it.

L Layla 33:48

Because now I'm gonna be skeptical every time yeah, here on it. Because yeah,

A Ashley 33:52

like what's under

M Mia Voss 33:53

there? Listen, and we understand the shower and grower thing. We're willing to give you some time. There's always the growing. Exactly. Yes, sir. There's always I was in the pool with George Costanza on Seinfeld, which was funny. And then I also love if you haven't seen the show, the I believe it's called uncoupled with Neil Patrick Harris. And I did think that was interesting was what got me thinking about this topic when his friend was like, you're on a dating app, and you

haven't put a dick pic on there. So of course, I believe that would be Grindr. So I'm not saying put that on your dating app in any way, shape, or form. But I thought that was interesting of like, why you could just, you know, shop that way and interesting. What I

A

Ashley 34:36

learned from that show is that they really, they really do get to it in terms of like, okay, here's what I like, here's what I don't like, I do want a relationship or I just want sex like they it was very streamlined. They know what they're doing.

M

Mia Voss 34:54

I have to give it to them. Yeah, I really, really do. There's just there's no pussyfooting around and only because that's not involved. So there's that.

L

Layla 35:02

But yeah, I like what you said too about. It's like ordering DoorDash because because every time I'm in a foreign country, and I'm ordering food on an app, if the restaurant doesn't have any pictures of the food, I'm automatically like, No, I'm not interested. Because we're people, men get all the credit for being visual, but women are equally as visual as men. So I think that's kind of the point. Like, it's not that we want to be crass. And I mean, I'm sure I would be offended if somebody was like, oh, yeah, send me pictures of your boobs. But maybe I wouldn't, like maybe we shouldn't be like, he just said, you know, his intention, just like I will let you know, mine. I don't know. And I

M

Mia Voss 35:51

love that it can ebb and flow on what what your wants, and your needs are again, which is why I'm loving shouting out more for women, that that that's part of sexual freedom, as well as being aware of what's going to work for you. You know, I'm not saying you know, be a size queen. And you have to unhinge your jaw, like a Python, you know? No, thank you. And thank you. All right, we're gonna wrap this up, give me some last parting. And I'm over here taking notes from YouTube, as I always do, either let, but they actually if you want to tell your I love your, your comedy, that dating story, which is throw that out there for us before we wrap up, okay, there

A

Ashley 36:30

was no dating that happened. Let's be clear, we

M

Mia Voss 36:32

had to be clear about that. Yes. Sorry about that.

A Ashley 36:35

I was at a wedding. And there was interest, at least on my end and interaction between me and this guy throughout the night. And what you thought was flirting? Yeah, what I thought was flirting. Well, it was but towards the end of the night, and no one's gonna be able to see this. Since we're not on video. At the end of the night, he started saying that I was mad at him. And I actually wasn't mad at him. And he was like, you're so mad at me. And I'm like, I'm not mad at you. And there was alcohol involved. So you know, that skews things a lot. So who knows? If he was dealing with his own mother issues. I just let it be that we're both

M Mia Voss 37:21

nodding your head like looser. Yeah, you need to clean your energy before you come back out again. Yeah,

A Ashley 37:26

but he did this, like, rare cat claw to me. But at the same time, because I wasn't alcohol. I wasn't putting all this together. And like I was open. I was like, Oh, yeah. That's really turning like Little Miss Kitty likes that. Naughty naughty kitty.

M Mia Voss 37:53

To say there was no date involved, right?

L Layla 37:57

Communication. What happened out of this,

A Ashley 38:01

he left he left and then I have not seen him since. So

M Mia Voss 38:10

thank you for telling that. And Ashley shared that this has been her year of getting out on the on getting into the comedy circuit. I loved it. Of course, I videoed that whole thing. And all you can hear is mica falling in the background. Everything. Cracks me up. Any other dating advice? And then we're gonna get to law that we'll get out of here.

A Ashley 38:20

A Asniey 38:29

Oh, any other dating advice? Do? Honestly Do what makes you feel best? What makes you feel safe? What makes you feel excited? Do that? That's my best day. No,

M Mia Voss 38:42

and then do it? Yeah. Right. Because I think like you said, like, you even felt like, oh, my gosh, I need to be out there on these apps. Because that's what everyone else is doing. And you decided that was not your connection style, especially now that you could get out there. So you know, kind of avoid the voxpath and figure out what your thing. How about you Laude have some parting? Some parting gifts for us?

L Layla 39:06

Yeah, kind of other than what I've already said, I agree with Ashley. And I was just gonna say have fun. Yeah. Fun. I think that we'd make such a big thing about being intentional when you're dating and all these rules, and women have to do this. And if he didn't do this, you don't do that. And you should. If you're going on a first date, you gotta go here. Like, just have fun. And I have started enjoying dating. Now that I'm just having fun. I don't go on types of dates that I don't like. If a man like I don't like dinner dates. So if a man invites me to dinner, I'm like, take take me to do something else. Please. If he needs suggestions, I'll help with that. Because I want to have fun. I don't want it to be. I don't want to be dreading it. I don't want to be worrying about What am I going to talk to you about over dinner? What am I gonna wear? Is he gonna find me attractive? Like, I just want to show up in all my glory and have a good time. And I know what I like to have a good time doing. And if that's not what he likes to have a good time doable, we already know a no need an even moving on any further beyond this. So that's my number one piece of advice is, have fun. And if you're not having fun, really sit with yourself and ask yourself why it's not fun. And the last thing I'll say is similar to what you were saying earlier about being single for a year, I was intentionally not dating for a very long time before I left the country in 2020, and I'm sorry, in 2021. And during that time, that's what I spent that time doing was trying to figure out why is dating not fun for me, why am I not enjoying it? And when I really started to go down that path, I got to some really good answers for myself. And I actually had a desire to date again, but I knew how to do it in a way that was going to work for me similar to what Ashley just described. Wow,

M Mia Voss 41:12

so you don't y'all don't take these advice? You're stupid.

A Ashley 41:17

And I add on to something that came up as Lah was talking I think so many times women when we go out on dates with guys not only are we thinking of all these things, but it's who are coming from places he gonna like me as he know am I gonna like him? It's him that you need to pay attention to not you

M

Mia Voss 41:40

because you know you've got because this is it right again with you've done the work like we've all been doing, you know that this is you know, of course we're always a work in progress. Don't get me wrong. I'm not being like egotistical about it, but such a great point. Yeah, focus focus on that is do I like that? Like, does that work for me? So

A

Ashley 41:57

am I having fun? Do I like him? Do I like the energy between you know, it's not am I and like not coming from a place of am I enough?

M

Mia Voss 42:07

Yeah, drop that shit. On that note. All right. That's all we got. Go to the show notes. It should we don't talk about podcast.com I'll have all the links for the ladies on how to get in touch with them. All the things we've talked about. Thank you, you too. That was big. And take care everybody. Well, that was sure fun and feisty rights. Make sure to follow law either on Instagram at https://www.instagram.com/laheelah_/ and follow Ashley on [instagram@ashley.dePaulis](https://www.instagram.com/instagram@ashley.dePaulis). They're hilarious, right? I'll have all the links in the show notes at shit. We don't talk about podcast.com If you liked this episode, please subscribe and leave a review especially if it's a good one. If you really liked the podcast, if you want to show it, head on over to shit, we don't talk about podcast.com Click on the patrons button and become a full time supporter of the podcast. If you want your very own podcast, but you don't know where to start, go to [helix dash interactive.com](https://www.helixdash.com) and get yourself some and tell them that media sent you. Thanks for tuning in. I'll see you next time. Bye